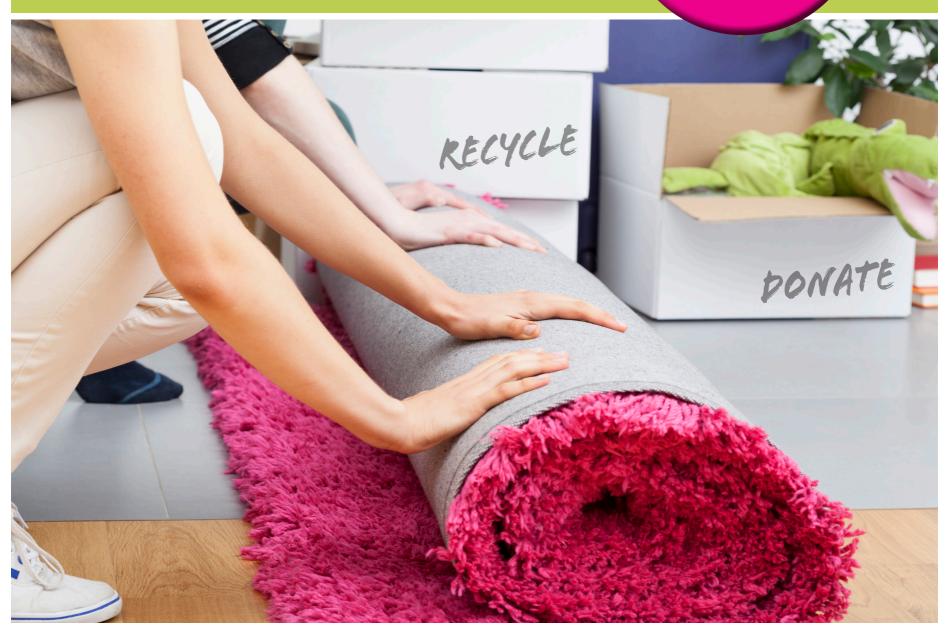
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to help you reduce your
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Happy Earth Day and Welcome to the 2019 Reduce, Reuse, Recycle Guide

Dear Residents and Business Owners of Hampden County:

At this time last year, our country was reacting to China's startling new recycling import policy. With high levels of contamination (unwanted material) no longer tolerated by China, the focus of municipalities, businesses, haulers and material recycling facility (MRF) operators turned to increased public education.

This past year, the Springfield MRF Advisory Board offered educational tools to the public through our website www.springfieldmrf.org and a new radio campaign, and to municipalities through grants of postcards, refrigerator magnets, signs, stickers, and school presentations. In addition, the Massachusetts Department of Environmental Protection launched a statewide "Recycle Smart" media campaign (www.recyclesmartma.org) to better communicate what can and can't be recycled. I am pleased to announce that recycling contamination levels in Western MA are impressively low. Good job, Western Mass! Low contamination rates help our MRF operator to move recycled materials to markets quickly.

You'll also find helpful recycling information within this guide. Keep it handy throughout the year to help you reduce, reuse, or recycle unwanted material. We're pleased to be able to present this 12th edition to you, and send thanks to the Western Massachusetts businesses which make it possible through their advertising support.

On behalf of the Springfield MRF Advisory Board, I thank you for your continued support and outstanding participation in western Massachusetts' recycling program.

Tracv DeMaio

Trucy M. Damaio



Chair, MRF Advisory Board



Amy Donovan, (Program Director for the Franklin County Solid Waste Management District,) and Susan Waite, (City of Northampton Waste Reduction Coordinator,) understand just how painful decluttering can be, and urge readers to mitigate the pain by donating reusable items in good condition.

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Acknowledgements

This guide is a collaborative effort between the Daily Hampshire Gazette and the Springfield Materials Recycling Facility (MRF) Advisory Board, with support from local advertisers. It is being produced in honor of Earth Day, which is April 22. It will also appear in the Greenfield Recorder, the Athol Daily News, and the Amherst Bulletin. We appreciate the advertisers who made this publication possible.



These MRF Advisory Board members wrote or contributed to the text:

Susan Waite (Northampton DPW)

Amy Donovan (Franklin County Solid Waste Management District)

John Alphin (Hampden County Rep.)

Veronique Blanchard
(MassDEP)

Tracy DeMaio (Agawam)

Michael Pattavina (Franklin County Rep.)



Editorial assistance from: Kathleen Casey (HRMC) Arlene Miller (Hampden County

Rep.)
Brooke Nash (MassDEP)

The Hitchcock Center, and The Center for EcoTechnology contributed to the text.



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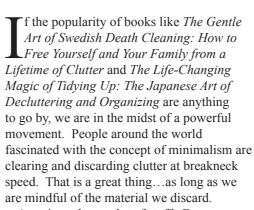








Capturing the embedded resources in your stuff after tidying up



Americans have a lot of stuff. For over 70 years, advertisers and corporations have encouraged us to follow trends and keep up with the Joneses...and we have, consuming vast amounts of goods like clothing, home décor, and electronics. Arguably, people of all economic backgrounds have more stuff than they truly need. Some of us are literally buried in mountains of possessions.

Marie Kondo, author of The Life-Changing Magic of Tidying Up, has developed The KonMari MethodTM for clearing unnecessary things out of your life. The method involves sorting through one's entire house in a specific order, and discarding the majority of your collected clothing, books, and miscellaneous junk. Popularity of the concept has spawned a new Netflix show called "Tidying Up with Marie Kondo." Margareta Magnusson's book, The Gentle Art of Swedish Death Cleaning, promotes a similar outcome, with the emphasis of reducing possessions to spare your loves ones the task after you are

After watching Kondo's Netflix show, most people will agree that the results are inspiring, but beyond the personal challenge, all the discarding can be troubling. Are they really putting all the discarded stuff into the trash?



If you've watched Tidying Up, you may have noticed an emphasis on "throwing away" unwanted items. In one recent episode, dozens of trash bags are shown lining the curb outside as the woman being coached, a confessed clothing hoarder, proudly proclaims that she "threw away" 150 bags of clothing. It is too painful to believe that this was truly the case. Surely the footage of the Salvation Army truck loading the clothing for eventual resale and recycling was edited out? Unfortunately, "tossing things out" is a common theme in decluttering gospels. It may feel good to purge excess items rapidly (instant gratification has its charms), but taking the high road in the interest of sharing, landfill conservation, and resource conservation is a far better choice...and will only take a little more effort.

Sharing

One of the principals of the KonMari MethodTM is to "toss" items that don't "spark joy" for you. If warm and positive feelings are absent when you hold the item in your hand, it is time to let it go. Of course, if something does not spark joy for you, chances are that it will spark joy for someone else. Some people will love the design of your mother's dusty midcentury style lamp, or find beauty, utility, or repurposing inspiration in a genuine-but-worn oriental carpet. Others are not able to purchase household items because of financial circumstances, or earn money by reselling items to targeted audiences. In any case, when sparks don't fly for you, consider who might feel the sparks before you dispose

Continued on page 6



Continued from page 5

of something. Has a friend or family member admired it? Might someone in a less fortunate circumstance appreciate it? There are almost a dozen ways to hook your reusable discards up with people who will find value in them. See the "Connecting your castoffs" box below for a list, and "Another reuse option" on right.

Landfill Conservation

We are running out of places to put our trash in Massachusetts and the Northeast. Within about 8 years, every landfill in the state will be filled to capacity and will close. In June of this year, western Massachusetts' sole remaining active landfill in Chicopee is scheduled to close. The Commonwealth's seven licensed trash combustors, or "Waste To Energy" facilities, are operating at capacity; our local Waste-to-Energy plant, Agawam's Covanta Energy, is operating at its permitted capacity of 400 tons a day. Because we are reaching the limit of discards that can be handled locally, Pioneer Valley trash is increasingly being sent by truck or rail to landfills in New York State, Pennsylvania, and Canada, and those longer transports increase costs and the waste's climate-changing gas footprint. That two or three dollar per trash bag fee that covers disposal expenses at your local transfer station may not cut it for long. The importance of reducing the amount of trash we generate by pulling out usable materials can't be overstated.

Resource Conservation

While an item that has graced your home for too many years may seem like trash (familiarity breeds contempt), looking at it from a different perspective may reveal hidden treasure. Even the most hideous broken lamp, for instance, hides reusable and recyclable material, such as the valuable copper metal inside its electrical cord.

Continued on page 7

Another reuse option: Tag Sales

Tag sales require time, investment, and self control, but they are a great option for discards. Items that don't sell can be sorted for donation or recycling.

What:

- Neighborhood tag sales, church or benefit tag sales, or any type of tag or yard sale
- There are also many local Tag Sale groups online, where sellers take and post pictures of individual or groups of items to sell.

How:

- Check with your town on tag sale guidelines or permits.
- Advertise your sale in your local paper, Western Mass Craigslist, or neighborhood site (Next Door, etc.) Some newspapers will even provide you with Tag Sale signs where you can fill in your address and post the signs around town or your 'hood.
- Get some cash to make change, and decide what you want to use for price tags.
 Using price tags will invite buyers to buy, rather than inviting confusion and haggling.

How to display items:

- Use folding tables, sawhorses with boards on top, or just lay things out in the driveway or on tarps on the lawn.
- Get plenty of reused boxes to give your customers to take home items that spark joy for them, and to take the items away to donate or recycle after the sale.
- Include a well-marked "Free Stuff" box for items that have little monetary value.

Make it fun and festive:

- Have some upbeat music playing.
- Invite friends or neighbors to bring their stuff over to sell also.
- Sell or give away donuts from a local shop, and/or coffee in your unwanted coffee mugs.

Connecting Your Castoffs with People Who Want Them

Looking for a simple way to make sure your castoff household goods are completely USED UP before they become landfill? If family members, friends and coworkers are not interested, here are some great next steps.

Curbside Giveaway

Perhaps the simplest way to share an item is to put in on the curb with a "free" sign attached or nearby. Be advised that: 1) Some neighbors dislike curbside giving, and some neighborhood/condo associations prohibit it. 2) Rain ruins things and dampens curbside shopping enthusiasm. Pull curbside freebies inside when rain or strong winds are expected, or securely anchor a waterproof cover over them.

Housing-related Non-Profit Groups

A number of non-profit and faith-based organizations collect furniture and basic household items to furnish households for people in need. Examples include veteran assistance, rehabilitation, transitional, and immigration-related housing.

Local Thrift Shops

Donation-based thrift shops will often happily accept donations of gently-used clothing and household items in working order. Typically store sales benefit the organization's mission, although forprofit thrift shops do exist (e.g. Savers in Springfield).

To avoid disappointment, visit a shop's website or call to learn donation criteria before you drop off material.

Online Giveaway Options

Online gifting has become very popular. The simplest option is to join a local or regional (moderated) Facebook gifting group, where you can post a picture(s) of the item and interact with interested people. "Buy Nothing <municipality name>" is popularly used, but others can be located by searching for terms like "free," "give" or "gift." Freecycle.com is a network of local gifting and getting groups, but you are required to set up an account with a password. There is also a free section on Craigslist. com. To ensure safe exchanges between strangers, some police departments set aside special exchange sites in their parking lots.

Municipal Transfer Station Swap Shops

Swap shops are typically operated out of municipal transfer stations, which limit admittance to residents or permit holders. The items they accept vary. Contact your community representative (see pages 26-27) to find out if your community has a swap shop and learn about its donation criteria.

Donation Boxes

The donation boxes found in parking lots can belong either a non-profit or a for-profit company. If donating to a non-profit that provides human or community services is important to you, research the box's owner in advance on-line. Charitywatch.org is one of several websites that provide non-profit ratings based criteria like the percent of donation income directly spent on their mission.

Tag and Garage Sales

See Tag Sale Tips above for some helpful pointers for holding your own garage sale. If holding one outside of your home is not an option, seek out a community swap meet or tag sale, where you are one of many sellers.

Online Sale Options

Using a local or regional online sale page/group will avoid the need to ship things. Craigslist is a well-known web-based option, but Facebook sale groups tend to be simpler to use. Most of the time all you need to do is request membership in a (moderated) Facebook group. Search Facebook for terms like "tag," "garage," "sell," "sale," or the name of your community, county, or region (e.g. Western Mass). To ensure safe exchanges between strangers, some police departments set aside special exchange sites in their parking lots.

Continued from page 6

Behind every manufactured item there is a fascinating creation story involving some form of raw material extraction from the earth, and energy and water consumption during each phase of its evolution: manufacture, distribution, and sale. It is hard to imagine (and easy to overlook) just how complex manufacturing footprints can be. Most would never guess that over 650 gallons of water are involved in the growth and processing of cotton for a single t-shirt. Appreciation of facts like this should make one pause before mindlessly throwing something into the trash. The old Yankee adage of "Use it up, wear it out, make it do, or do without" comes to mind. From a resource conservation standpoint, all decluttering approaches should include

Capturing the value of your discards

asking oneself, "Is this completely used up?"

Here's a simple approach to handling your cast-offs responsibly:



1) Use the "What Do I Do With..?" guide starting on page 13 to find out which materials can be recycled, reclaimed, or reused and where to take

2) Sort your discards into categories: resell, donate, repair, recycle, and even compost.

3) Scout out repair opportunities for items that

need minor repair. While the number of local repair shops has dwindled, they do still exist. Search on-line and ask around. Some hardware stores fix more than just broken locks. If a formal repair shop can't be found, seek out a community repair event, like Greenfield, Amherst and Easthampton's Repair Public, Northampton's Community RePair, and Northfield's Fixit Clinic to see if a community-minded talented person can

4) Research resale, sharing, and/or donation options. Are you interested in organizing a yard sale? Do you have a favorite charitable or faith organization that can earn income from your cast off goods? Sometimes sharing can be as simple as putting a "free" box on the

curb. See the "Connecting your castoffs" box on page 6 for a list. Be sure to thoughtfully sort through your discards so that you give organizations that resell good quality items. Some smaller, donation-based organizations (particularly those that rely on volunteer help) can be overwhelmed by the task of ensuring that items are in good enough condition for resale.

Categories for Reusing or Recycling Your Disgards:

The KonMari Method™ instructs participants to go through their possessions in this order: clothing, books, Komono (miscellaneous items), paper documents, sentimental items. Below we have listed the most common categories to sort unwanted items into

Clothing:

- Sell Donate
- Textile Recycling
- See "Clothing" in the article "What Do I Do With .. ?" on page 13.

Books:

- Sell
- Recycle paperback books only
- Donate:
 - o Local library book sale
 - o A Little Free Library in your town
 - Transfer Station book drop box
 - o Amherst's Reader to Reader
- See "Books" in the article "What Do I Do With..?" on page 13.

Komono (Miscellaneous):

Kitchen:

- Recycle: paperboard food boxes, paper
- Recycle: bottles, jars, jugs, tubs, cans, pie plates, aluminum foil
- Compost: old food products like pasta, flour, dry goods
- Donate: unopened and unwanted food to food banks
- Reuse housewares: offer for free, put in tag sales, or donate to thrift shops

Bath:

- Recycle: paperboard toothpaste boxes, paper toilet paper tubes
- Recycle: bottles, jugs, tubs (empty and rinse)
- Donate: unopened and unwanted toiletries to shelters
- Linen closet: donate bedding and linens to homeless shelters or textile recycling, and towels to animal shelters (call first)

Garage/Basement:

- Recycle: cardboard, paperboard, paper
- Recycle: bottles, jars, jugs, tubs, cans, pie plates, aluminum foil
- Donate: sporting equipment, toys in good condition
- Tag Sale: tools, furniture, CDs, books
- Repair: broken appliances, tools, equipment. Look for a Repair Event near you.
- Miscellaneous good stuff: offer for free, put in tag sales, or donate to thrift shops
- Electronics: Many municipal transfer stations accept in special programs. Staples Stores accept computer related e-waste for free
- Hazardous Waste, automotive fluids: see page 30 of this guide.
- Fluorescent light bulbs, batteries: see those categories in the article "What Do I Do With..?" on page 13.

Don't Toss Them... Clean and Dry Textiles are Recyclable!

Worn or torn, faded or fashionable, unwanted clothing and other household textiles are valued by local, regional and global businesses. They are resold or used in the manufacture of things like wiping cloths, building insulation, and carpet backing. Approximately 95 percent of the 230,000 tons of textiles that Massachusetts residents throw

away annually can be reused or converted to other items. And the term "textile" indicates more than clothing. Shoes, belts, bags, sheets, rugs, pillows, stuffed animals, and more can also be diverted from the trash and reused or recycled. Even items that are worn, stained, or ripped, and those with missing parts (e.g. buttons) or broken zippers are considered recyclable.

Only moldy, damp and wet items or items contaminated with hazardous substances (like motor oil) are unusable.

To get the word out about textile donations, the Massachusetts Department of Environmental Protection teamed up with national textile recycling organizations and launched a statewide Textile Recovery Initiative in 2016. Learn more about textile recycling and view a complete list of acceptable donations at www. mass.gov/guides/massdep-textilerecovery

A word of caution: Always keep textiles separate from household recyclables and bring them to a convenient textile donation dropoff. Mixing textiles with household

recycling renders them useless and creates sorting machinery problems which can cause injury to workers.













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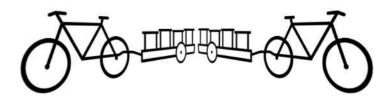
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Meat • Fish • Bones • Dairy • Eggs • Eggshells Fruit and vegetables • Bread • Rice • Pasta Tea bags • Coffee grounds • Paper filters Soiled or waxed cardboard • Soiled pizza boxes Paper towels and napkins • Paper plates and cups (no lids or straws) Small wooden fruit crates

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Are Your Recycling Efforts Going to Waste?

By Brooke Nash

t seems like every other day a negative recycling story hits the national or local news. For example:

U.S. Cities Have Nowhere to Put
Recycling (CBS Evening News, 3/20/19)
As Costs Skyrocket, More U.S. Cities Stop
Recycling (NY Times, 3/16/19)
Recycling is a Dumpster Fire. Literally
(On Point Radio, 3/14/19)
Is This the End of Recycling? (Atlantic
Monthly, 3/4/19)
Help, We're Drowning in Recycling (Wall
Street Journal, 3/2/19)

It's no wonder our neighbors, friends and family are asking "Is my recycling just going to a landfill?" or "Should I even bother recycling?"

There's no question that what happened in the last year - since China closed its doors to the world's mixed paper and unsorted plastics through a policy known as "National Sword" - was a wake-up call. Over the last decade, U.S. recycling habits got sloppy (wishful recycling, anyone?) and it didn't seem to matter. China kept gobbling up everything we sent, sorted out the bad stuff, and made new packaging and products from the good stuff...until they said, "enough."

What the headlines and news haven't told us is this: there are still markets for our mixed paper (think newspaper, junk mail, magazines, and cereal boxes) and plastic food and beverage containers, just not in China anymore. That's not such a bad thing. Here's why:

Other countries such as India, Korea, Indonesia, and Vietnam are buying the mixed paper China no longer wants and that's where most of the paper collected from Massachusetts residents and businesses goes to be recycled into new products. The global oversupply of mixed paper has produced a buyer's market. That means the value of mixed paper has dropped from about \$75 per ton to \$5 per ton. With less revenue from the sale of recyclables to offset the cost of sorting and baling (known as "processing" in industry terms), the cost of recycling is going up. The

Springfield Materials Recovery Facility (MRF), which processes most of the recyclables collected in Western Massachusetts, is feeling the effects of this buyer's market. But at the end of the day, what we put in our recycling bins IS getting recycled. And that's good news!

What about cardboard? It's mostly sold to mills in the U.S. or Canada, and multiple U.S. mills are expanding or re-opening to start taking scrap paper and cardboard again. Pratt Industries, a U.S. recycler, opened its fourth new 100% recycled paper mill in Valparaiso, Indiana last year. They'll open their fifth mill in Ohio this year. Pratt makes boxes for the US Postal Service, Amazon, and Home Depot.

There's good news with plastics too. The U.S. plastics recycling industry is healthy and they want our soda bottles, milk jugs, yogurt cups and margarine tubs. Companies like EFS Plastics, KW Plastics, Buckeye Plastics and Trigon Plastics use recycled containers to make consumer products, automotive parts, construction materials, and even 100% recycled plastic Adirondack chairs. At the Northeast Recycling Council meeting in Delaware last month, all of these companies made their message clear: we need all the recycled containers you can send us, and more.

The silver lining of the "recycling crisis" is that National Sword is stimulating jobs and investment in the U.S. recycling industry and enabling recycling companies to buy recycled materials that they previously had to compete with China for.

it's more critical than ever to embrace the circular economy, reduce greenhouse gas emissions, and lower our carbon footprint. Recycling does all of that – and it creates jobs.

We also need to remember that recycling is a service. Trucks, labor, and fuel – none of that is free. But it's a service worth paying for. It's also a public good – like schools, public transit, parks, clean air and clean water. It's hard to put a dollar value on the benefits for our community, because they're invaluable.

How can you help?

Learn how to "recycle smart" by visiting helpful websites like RecycleSmartMA.org or springfieldmrf. org. Then, help educate your friends, family, neighbors, and co-workers. Keeping the bad stuff out of our recycling bins means the good stuff gets recycled. It also ensures we're supporting a supply chain of recycled materials that go back into our economy while conserving resources and protecting our environment.

To be sure, this is hard work. But the pay-offs are real. We've come too far with recycling in the last 30 years to turn our backs on it now. Together, we can keep our recycling programs strong and protect our planet for generations to come.

Brooke Nash is the Branch Chief for Municipal Recycling at the Massachusetts Department of Environmental Protection in Boston.

What about the increased cost of recycling?

While market experts expect the value of recyclables to increase as domestic markets expand, let's first remember why we recycle. Recycling has always been about saving resources, conserving energy, and reducing our dependence on landfills and incinerators. As the impacts of climate change escalate.



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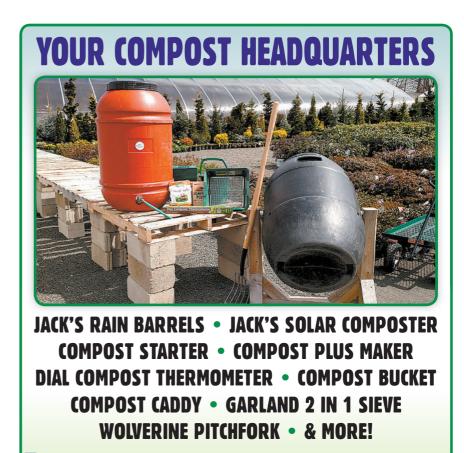
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Please keep these items out of household recycling. At the recycling facility, plastic bags, hoses and holiday lights cause safety hazards and shutdowns when they wrap around conveyor belts and equipment.

For a complete YES & NO list of what can be recycled, visit www.springfieldmrf.org or call the recycling hotline at 888-888-0784 ext. 2293 for more detailed information.

Plastic Recycling and the Arrows that Dupe

ost people assume that any plastic item marked with a number surrounded by the famous three recycling arrows will be recycled if placed in a recycling bin. That is not the case. If you are confused and a little frustrated by this, you are not alone. It is one of the more maddening aspects of recycling.

The confusion evolved organically

The numbers and arrows format was created by the plastic industry 30 years ago as plastic resin coding system. At the time they chose to incorporate the recycling symbol by placing the resin identification number inside them. At the time no one objected (perhaps everyone assumed that ALL plastic would be recycled someday?), and confusion ensued.

Although it was not intended as a tool for the public, early recycling educators believed that the numbering system would help the public understand which items to recycle, and it did for a while, but innovations in plastic production (including mixed and plant-based resins) over the years have rendered that option obsolete. Most municipalities now teach a simpler identification method based on the type of container, instead of the type of plastic.



Change is slow

In 2013, the organization that now regulates the resin ID system replaced the arrows with a closed triangle. Over time this will reduce confusion, but updating manufacturing molds in thousands of factories around the world is a slow and painstaking process. To complicate things further, some state recycling laws specifically reference the original arrow-encircled symbol. Until updated, those laws will overrule all new recommended cosmetic changes.

Technically, any plastic can be recycled, but only those varieties desired by manufacturers are collected for recycling. Do you bother to collect baby clothing for your nine year old child? Recycling works the same way...only those items made out of material useful to recycling manufacturers are collected. Putting anything else into the bin adds costs and

other problems for the industry. Until technology improves and/or demand for recycled plastic resin increases, the best way we can support U.S. recycling is to be thoughtful about the containers we put into our bin. In Western Massachusetts, focus on plastic bottles, tubs, jars, jugs, and clear clamshells that held food or personal products and are less than 2 and half gallons in size. Our local recycling facility's website (springfieldmrf.org) provides useful household recycling information, including colorful, graphical posters you can download, to help answer sorting questions. It is worth a visit!

More good news on the horizon

In an effort to standardize recycling identification, the Sustainable Packaging Coalition has created an enhanced labeling system called "How2Recycle" (www.how2recycle.info). The system is now used by over 50 manufacturers (like McDonald's, Target, and Minute Maid) on a voluntary basis. Each label contains detailed recycling instructions such as "Empty and Replace Cap," (for a plastic bottle). Hopefully this new system, designed specifically with recycling in mind, will become the industry standard. Simplifying our recycling experience while ensuring better disposal choices is a good thing.

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IN YOUR HOME Oven cleaner Furniture polish Metal polish Moth balls

Paint thinner

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Upholstery cleaner Photo chemicals

Spot remover

IN YOUR WORKSHOP Rust inhibitors

Wood preservatives Wood strippers Wood stains

Paint thinner Lead paint Oil-based paint Solvents

Degreasers *Fluorescent light bulbs Sealants *These items may be accepted at the Locust St. Transfer Station. Call for details.

Call 413-587-1570 ext. 4306 Visit northamptonma.gov/reduce-waste for details.

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= Items that are hazardous or require special handling.

AEROSOL CANS

Recycle only EMPTY aerosol cans that contained nonhazardous materials, such as health & beauty products (sun block, first aid spray, hair products, deodorant, & shaving cream); food products (cooking oil, whipped cream, frosting) and laundry products (starch, anti-static products & air fresheners). To prevent a fire hazard, cans must be completely empty (no air or noise from the nozzle when pressed). Do not puncture, pierce, flatten, or remove nozzles prior to recycling.

Aerosol cans that are empty and once contained hazardous materials are NOT recyclable. Place empty hazardous waste aerosol containers in your household trash (empty cans from insecticide, paint, lubricant, waterproofing, automotive, adhesive/craft & cleaning products). Aerosol cans with hazardous material in them should be brought to a household hazardous waste collection (see page HH). For additional information, visit: www.mass.gov/guides/safely-manage-hazardoushousehold-products.



ALUMINUM FOIL, CANS & "DISPOSABLE"

Rinse clean & recycle with bottles & cans. Acceptable items include aluminum pie pans and take-out containers, disposable roaster pans, and clean aluminum foil (ball it

ALUMINUM SIDING (see "Scrap Metal")

AMMUNITION, EXPLOSIVES

Call your Police Department for proper disposal instructions.

ANTIFREEZE (see "Automotive Products")

APPLIANCES (see "Scrap Metal")

ARTS, CRAFTS & HOBBY ITEMS 💂

Some paints, solvents and related materials are hazardous

and should be brought to a hazardous waste collection. Always check the label before tossing in the trash. Visit www.crazycrayons.com for info about crayon recycling. Recycle Prang markers by visiting www.dixonrecycle. com. Schools can participate in Crayola ColorCycle, which accepts all brands of plastic markers, highlighters and dry erase markers: www.crayola.com/colorcycle.

ASBESTOS

There are strict removal & disposal requirements for asbestos. Contact the Western Region of the Mass Department of Environmental Protection: John Moriarty 413-755-2128 john.moriarty@mass.gov. To find licensed asbestos contractors, go to www.mass.gov and type "asbestos license lists" into the search bar, then click "Currently Licensed Asbestos Contractors."

ATHLETIC SHOES (see "Shoes")

AUTOMOBILES (see "Vehicles")

AUTOMOTIVE PRODUCTS

Automotive products contain many hazardous materials & must be handled with care. Do not dump in the trash, on the ground or down the drain.

Motor oil

Even a small amount of improperly disposed of motor oil will contaminate water & soil. In MA, retailers are required by law to accept up to two gallons of used oil at no charge with an original sales receipt. Many auto supply stores, auto repair shops & gas stations will accept used oil even if you didn't buy it from them. Many towns accept motor oil at transfer stations or hazardous waste collections. See pages 26-27 for local disposal information, or see page HH for a hazardous waste collection. Or call the MassDEP Used Oil Hotline at 617-556-1022.

Motor oil filters

Some auto supply stores or auto repair shops will recycle oil filters for free. Some towns accept motor oil filters at transfer stations. See pages 26-27 for local disposal information. Oil filters may be thrown away or recycled as scrap metal only when the oil has been completely

drained (while filter is still warm, puncture the dome top & drain into a collection container. See above for oil disposal).

Empty motor oil bottles

Empty motor oil containers are not recyclable; drain well and then throw them away as trash.

Antifreeze

Antifreeze is not only hazardous; its deceiving color & sweet taste may attract children, pets & wild animals. Empty antifreeze bottles should be thrown away (do not recycle). Consider having your vehicle's radiator flushed at a service station to avoid the responsibility associated with proper storage & disposal. Antifreeze can be brought to a household hazardous waste collection (see page 30).

Brake fluid

Brake fluid is hazardous and must be brought to a household hazardous waste collection (see page 30). Empty bottles of this material should be thrown away (do not recycle).

BABY FOOD POUCHES (see "Plastic Pouches")

BAGS (see "Plastics" and "Reusable Bags")

BALLASTS (see "Mercury & Mercury-containing) Products")

BATTERIES

Common "single-use" household batteries (alkaline, carbon zinc and zinc chloride in sizes A, AA, AAA, C & D, 9 volt, lantern size) manufactured after 1996 don't contain mercury or other hazardous/recyclable materials & can be thrown away as trash. (Put plastic tape on contacts on 9-volts and lantern batteries before disposal or storage.) Check labels carefully: some rechargeable and lithium batteries (which require special handling) can resemble alkaline batteries.

ALL other battery varieties contain hazardous materials and require special disposal. Many communities have convenient drop-off options; see pages 26-27 for local disposal information or search online with your zip code at www.earth911.com. In addition:

Button batteries (found in watches, hearing aids, electronics & some toys) are usually accepted free of

charge by stores that sell them or at watch/jewelry shops.

Lead acid batteries (found in vehicles, boats, motorcycles, kids' ride-on toys, lawn mowers) will be accepted by the retailer from whom you buy

a new one (they are required to take one back at no charge). Scrap metal recyclers typically pay for lead acid batteries. Lithium batteries (found in many applications, primarily in cameras) Check all batteries carefully before disposal; look for

"Lithium" on the label. They resemble alkaline





We process your household containers and paper.



DO NOT INCLUDE THESE, THEY CAUSE PROBLEMS:



PLASTIC BAGS CAN BE TAKEN TO A GROCERY STORE.



CLOTHING AND TEXTILES CAN BE DEPOSITED IN A DONATION BOX.



GARDEN HOSES ARE NOT RECYCLABLE, PLEASE PLACE IN THE TRASH.



For details & downloadable signs, visit

SPRINGFIELDMRF.ORG

batteries, but these should be recycled properly: some municipalities accept them.

Rechargeable batteries contain heavy metals and require special handling. These are found in cell phones, cordless phones, laptops, tablets, some digital cameras, camcorders, UPS battery back-ups, some toys, baby monitors, power tools, robotic vacuum cleaners, and emergency medical equipment. Also, rechargeable toothbrushes, razors, flashlights and hand-held vacuum cleaners, plus rechargeable batteries that can be recharged with a battery charger. AT&T, Best Buy, Home Depot, Lowes, Staples, Target, & Verizon Wireless accept Nickel Cadmium (Ni-Cd), Nickel Metal Hydride (Ni-MH), Lithium Ion (Li-ion), Nickel-Zinc (Ni-Zn), small Sealed Lead Acid (Pb) batteries (up to 11 pounds). For more information and options for recycling rechargeable batteries, go to www.call2recycle.org.

BEER AND SODA PACKAGING

Although it looks like paper boxboard, beer and soda packaging contains and invisible layer of plastic (to stay strong when wet) and is NOT recyclable.

BICYCLES

Working bicycles in good condition can be offered to charities (search online via "bicycle donation") or private organizations (e.g. www.pedalpeople.coop) that will use

them, or may be gifted to individuals free via an online sharing group (e.g. Freecycle. org or a Buy Nothing Facebook group). For recycling options, see "scrap metal."



options, see serap metai.

BOATS

See more info under "Vehicles." Boats might be accepted in bulky waste collections at some municipal transfer stations. Call first. All automotive-type fluids must be drained and properly disposed of.

BOOKS

Books in good condition may be sold at used bookstores, donated to public libraries or a book exchange, or dropped off at your local recycling/transfer station's book exchange. Reader to Reader, an Amherst-based nonprofit, provides library-quality books to U.S. schools and public libraries (www.readertoreader.org). Paperback books & phonebooks unsuitable for reuse CAN be recycled in municipal programs. However, the covers and spines from hardcover books are NOT recyclable; rip the pages out and recycle those; place the spine and covers in the trash. Roundabout Books (Greenfield) accepts books in any condition; donations are sorted for local and mailorder sale and all types of unsalable books are recycled at a local paper mill. Also accepted: CDs, DVDs, and vinyl records working condition (www.roundaboutbookstore. com; 413-773-0820).

BOTTLE CAPS & LIDS

Plastic caps & lids are recyclable only if fastened to a plastic bottle/jar/jug/tub. Loose plastic tops should be placed in the trash; small items cause safety hazards and shutdowns at recycling facilities because they get caught in the sorting equipment. Metal lids, like those from glass jars, should be attached to the container. Metal lids from food cans should be pushed inside the can or recycled loose.

BOXES

Clean cardboard, boxboard, paperboard boxes are recyclable (e.g., packaging from cereal, crackers, tissues, shoes, gifts, etc.) Attached plastic windows may stay, but discard plastic liners. Flatten.

The clean portions of pizza boxes can be recycled, but

the greasy parts must be discarded or composted. Because whole pizza boxes are usually greasy to some degree, drop-off centers and curbside programs sometimes reject them. Turning them inside out or ripping out greasy sections



are the best ways to ensure they won't end up in a landfill. Soiled pizza boxes can be delivered to municipal compost programs at the transfer stations in Amherst, Bernardston, Greenfield (also open to non-residents), Leverett, New Salem, Northampton, Northfield, Orange, Wendell & Whately. Coming soon to the transfer stations in Deerfield and Warwick. Go to pages 26-27 to find contacts for these programs.

Frozen food boxes, ice cream cartons, case boxes from soda or beer, and kitty litter boxes are not acceptable in recycling or composting. These boxes are made with "wet strength paper," a special plastic-reinforced material that keeps them from falling apart when wet. These boxes do not break down in the paper recycling or composting process, and must go in the trash.

BUBBLE WRAP & INFLATED PLASTIC PACK-

AGING (Air pillows) (see "Plastics")

BUILDING & REMODELING MATERIALS

Construction & demolition ("C&D") waste includes asphalt, asphalt shingles, bricks, cement, cinder blocks, clapboard, concrete, doors, flooring, insulation, lumber, mortar, plaster, plywood, roofing, sheetrock, tiles, windows & wood. Fee-based disposal options are available at most recycling/transfer stations; call your community representative (see pages 26-27) for more information. Vehicles with a capacity greater than 5 cubic yards are subject to strict disposal requirements for C&D wastes in MA. For more information: www.mass.gov/lists/managing-construction-demolition-cd-wastes.

Used building materials (in good condition) can be donated for re-use. The following organizations will accept some reusable items. Call prior to delivery to confirm that your materials will be accepted, or to arrange for free pickup. Deconstruction services may be offered. Items might be tax-deductible.

EcoBuilding Bargains, 83 Warwick St., Springfield, MA (413-788-6900; ecobuildingbargains.org) Habitat for Humanity's ReStore in Westfield: 301 East Main St., Westfield, MA 01085 (413-642-8990; www. restorewestfield.com)

Wooden pallets can be reused or recycled as "clean wood waste." Disposal options for large quantities include (but are not limited to) Martin's Farm (Greenfield: 413-774-5631), Gold Circuit E-Cycling (Palmer: 888-283-0007), Index Packaging (NH: 800-662-3626), 360 Recycling (Westfield: 413-562-0193).

Note: pressure-treated wood should only be disposed of in a modern landfill. Don't put it in a backyard compost

pile, a brush or chipping pile; don't burn it or send it to a waste incinerator for disposal. See pages 26-27 for local disposal information.

CAMERAS

Staples stores, Best Buy stores, and many electronic waste (e-waste) recycling programs accept digital cameras for free. Canon has a mail-in recycling program: shop.



usa.canon.com/shop/en/catalog/recycling.

CANNING JARS

Canning jars are not recyclable because of the thick, heat resistant glass. Reuse, give to a friend who can use them, put in a tag sale or swap shop at a transfer station, or place in the trash.

CARPET

Flor® offers a free mail-back recycling program for carpet squares (www.flor.com/recycle). Some nonprofit organizations accept relatively clean carpet for reuse. See pages 26-27 for local disposal information.

CARTONS & DRINK BOXES

"Paper" cartons should be recycled with bottles & cans ("gable tops" for milk and orange juice, "aseptic packaging" for almond milk, soup, juice boxes). Rinse containers. Discard straws; plastic caps & spouts may stay. Don't include foil drink pouches (e.g., Capri Sun) with your bottles & cans.

CARTRIDGES (see "Ink, Printer & Toner Cartridges")

CELL PHONES

Cell phones shouldn't be thrown away due to their reuse value & hazardous/ recyclable components. Numerous charitable & for-profit organizations accept cell phone donations. Search online using "cell phone donation" or check out www.recyclingforcharities. com, www.call2recycle.org or www.earth911.com. Stores that sell cell phones will also accept them for free recycling, and many cell phone manufacturers offer buy-back programs through the mail. Lowe's Stores and many municipal transfer stations (see pages 26-27 for local contact information) also accept them for



free recycling as part of the Call2Recycle program: www.call2recycle.org.

CHRISTMAS TREES (see "Yard Waste")

CIGARETTE BUTTS

Terracycle's "Cigarette Waste Brigade" (Terracycle.com) accepts extinguished cigarettes, filters, loose tobacco pouches, outer plastic and inner foil packaging for recycling into plastic pallets and other products.

CLAMSHELLS & CLEAR MOLDED PLASTICS

(see "Plastics")

CLEANERS (see "Household Hazardous Waste")

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HADLEY

BERNARDSTON

DEERFIELD GREENFIELD Police Dept, 321 High Street

WORCESTER COUNTY

LEVERETT MONTAGUE SUNDERLAND

NORTHAMPTON

PELHAM

Police Dept., 2 South Valley Roa

SOUTH HADLEY

ATHOL Police Dept

You can also bring medications to a **PERMANENT Drop Box location.**

Drop Drugs at these Police Stations: Amherst, Ashfield, Athol, Belchertown Bernardston, Buckland, Cummington Deerfield, Easthampton, Erving, Goshen Granby, Greenfield, Hadley, Hatfield, Leverett Montague, Northampton, Orange, South Hadley, Southampton, Sunderland, Ware Whately, Williamsburg

nply bring them to your local polic and drop them in the MEDRETURN BOX.

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David Reed & Richard Pitts, owners MasterCard/Visa Accepted & shoes. Deliver **CLEAN & DRY** textiles & clothing to donation centers & drop-off boxes for **Goodwill Industries** (www.goodwill. org) & the Salvation Army (easternusa. salvationarmy. org). DO include items that are torn, stained, with missing buttons or broken zippers, as these organizations sell damaged textiles to recyclers to be made into insulation. Acceptable items include these

CLEAN & DRY items: mismatched socks, shoes and gloves; all clothing and accessories including belts, ties, underwear & purses; and linens such as curtains, pillows, comforters, sheets, towels, and stuffed animals in any condition. Some animal shelters also accept old sheets, blankets, pillowcases, bedspreads, throw rugs & towels for reuse.

To find local clothing consignment stores or quality used clothing, go to www.thethriftshopper.com. See also www.thredUP.com, www.swap.com, www.refashioner.com, and wornwear.patagonia.com.

Bras can be donated to Salvation Army or Goodwill; any items that are not in good condition will be baled and sold for textile recycling. New & gently used bras can be mailed to The Bra Recyclers for distribution to women in transition around the world: www.brarecycling.com; 480-988-2283.

Some non-profit organizations target specific types of clothing to benefit those in need, such as professional clothing and wedding dresses (westernmass. dressforsuccess.org; www.donatemyweddingdress.org).

COAT HANGERS

Do not put hangers in recycling bins: hangers get caught in machinery at recycling facilities. Some charitable organizations accept hangers for reuse or resale. Metal hangers are accepted for reuse



by some dry cleaners & are also accepted for recycling as scrap metal at most recycling/transfer stations. Unfortunately, plastic hangers are not recyclable and should be thrown away when they are no longer useable.

COMPACT FLUORESCENT LAMPS (see "Mercury & Mercury-containing Products")

COMPUTERS & TV'S (see "Electronics")

CONSTRUCTION & DEMOLITION WASTE (see

"Building & Remodeling Materials")

COOKING OIL

Never pour cooking oil down the drain. Liquids should be kept out of the trash. ReEnergizer accepts vegetable oil by appointment from individuals. It also provides containers and pays for the oil at food service providers: www. localvegoil.com, 413-322-3324. ReEnergizer's used cooking oil is transformed into replacements for fossil

fuels. Western Mass Rendering provides dumpsters for large collections: www.westernmassrendering.com; 413-569-6265.

CORKS

Corks should not be put in your recycling bin. Natural corks can be crumbled & added to a backyard compost bin, or put in municipal/commercial composting. ReCORK (www.recork.org) recycles natural wine & champagne corks (no plastic or metal corks); Whole Foods in Hadley and

Ryan & Casey Liquors in Greenfield are ReCork collection sites. Yemm & Hart pays for large volumes of corks mailed to them, and accepts (but doesn't pay for) plastic corks: www.yemmhart.com. Wine corks can be reused in many creative ways (search online for "cork art").

COSMETICS CONTAINERS

Origins offers free recycling of make-up packaging, regardless of brand. Empty cosmetic tubes, bottles, lipstick covers, jars & caps can be brought to an Origins retail store or department store counter nationwide: www.origins.com/our-commitment. Other mail-in recycling programs for empty cosmetics containers can be found at www.maccosmetics.com/giving_back/back_to_mac.tmpl and www.terracycle.com.

EGG CARTONS

Clear plastic egg cartons may be recycled with bottles & cans. Paper & Styrofoam egg cartons are not recyclable, but are often reused by backyard chicken farmers.

Paper cartons may be composted in municipal compost collections or in home compost bins, if ripped into pieces.

ELECTRONICS

State regulations prohibit disposal of screen-based electronics such as laptops, tablets, iPads, Kindles, flat screen TVs, monitors and CRTs (cathode ray tubes) in household trash, but many items with power cords can be recycled. Most municipal transfer stations offer electronics recycling programs, although disposal fees may apply; see pages 26-27. Electronics that are mostly metal, such as computer towers and DVD players, can go in scrap metal recycling.



Staples stores' accept computer-related electronic waste for free recycling. Staples does not accept TVs. Staples stores also offer a reuse program. Best Buy accepts a wide range of electronic waste for free recycling, but charges \$25 for TVs. For more information, call your

local store or visit their website and search for "recycling." Computer manufacturers offer a variety of electronic recycling programs, including (but not limited to) Apple, Dell, Gateway, Hewlett-Packard, Panasonic, Sony & Toshiba. Visit their websites for details. Various charities and non-profits accept donations of working electronics, including local Salvation Army and Goodwill stores. Always call ahead to ask if they can accept your item.

ELECTRONIC MEDIA (CDS, DVDS)

Do not add electronic media to your household recycling. CD cases easily shatter and the glass-like shards create hazards and other problems at the recycling facility. If selling or donating used media is not an option (some communities accept certain types via book donation programs), GreenDisk.com offers a fee-based, mail-in recycling option, and Gold Circuit E-Cycling (Palmer) charges a nominal per pound fee to recycle DVDs, disks

and tapes: www.goldcircuitecycling.com.

EYEGLASSES

To donate your eyeglass frames and prescription lenses for reuse, look for a Lion's Club eyeglass collection box in your local Post Office or wherever eyeglasses are sold, or mail to: Lions Clubs International Headquarters, 300 W. 22nd Street, Oak Brook, IL 60523. New Eyes for the Needy is another mail-in reuse option: www.new-eyes.org/join-the-vision. If reuse is not appropriate, eyeglasses should be placed in household trash, as they are not recyclable.

FERTILIZERS & PESTICIDES (see "Household Hazardous Waste")

FIRE EXTINGUISHERS &

Fire extinguishers are considered hazardous because their contents are under pressure. Units manufactured prior to 1984 may contain dangerous chemicals. For disposal and recycling: Businesses & property managers can contact their fire control service provider.

Residents can call their local fire department for local disposal options.

Some municipal hazardous waste collections may accept older fire extinguishers: ask before bringing them to a collection.

Some municipal transfer stations accept newer fire extinguishers for special recycling along

with propane tanks; see pages 26-27 for local contact information.

MA Fire Technologies accepts all types of fire extinguishers for a small fee (49 Heywood Ave, West Springfield; www. massfire.com; 800-244-6769).

New England Disposal Technologies (Westfield, MA) accepts fire extinguishers year-round for modest fees (nedt.org; 866-769-1621).

FIREWORKS 👨

Live fireworks are extremely dangerous, and must be disposed of with great caution; call your local Fire Department. Do not throw unused fireworks in the trash.

FLAGS

For the proper disposal of U.S. flags no longer in usable condition, contact the American Legion, the Veterans of Foreign Wars (VFW), civic groups, senior centers or Scout troops.

FOOD SCRAPS (also see "Cooking Oil")

Food scraps and leftovers are heavy to transport and contribute to climate change when they decompose in landfills; composting food waste makes better environmental sense. Local composting options include home composting, municipal transfer station programs (in Amherst, Bernardston, Greenfield, Leverett, New Salem, Northampton, Northfield, Orange, Wendell & Whately; coming soon to the transfer stations in Deerfield and Warwick), and (where available) curbside pickup by a private waste hauler. Find a hauler near you at: recyclingworksma.com. Many municipalities offer discounted purchase programs for countertop collection pails and home compost bins; see pages 26-27 for local contact information. For home composting instructions, visit Mass.gov and search for "home compost."



17 REDUCE • REUSE • RECYCLE • Information Valid Through April 2020







FRUIT SNACK POUCHES (see "Plastic Pouches")

FURNITURE

See pages 26-27 for local disposal information. Furniture in good condition can be sold or donated for reuse. Donating mattresses & box springs can be difficult, as most charities and some communities don't accept them. When you purchase a



new mattress, ask the retailer to take back and recycle the old one.

GOLF BALLS

Contact local golf courses or driving ranges to see if they will accept them for reuse.



GREETING CARDS

Cards are recyclable with paper if they do not contain foil or metallic inks. Remove electronics from singing greeting cards & recycle the button battery (see "Batteries"). St. Jude's Ranch for Children runs a greeting card reuse program (stjudesranch.org); mail cards to: St. Jude's Ranch for Children, 100 St. Jude's St., Boulder City, NV 89005.

HEARING AIDS

The Starkey Hearing Foundation operates a hearing device reuse program. Mail to: Starkey Hearing Foundation, ATTN: Hearing Aid Recycling, 6700 Washington Avenue South, Eden Prairie, MN 55344. (www. starkeyhearingfoundation.org/hearing-aid-recycling) If your hearing aid is not worth salvaging, remove & recycle the button battery (see "Batteries"), then place the device in the trash.

HOUSEHOLD HAZARDOUS WASTE &

First, consider using up the product according to package directions, or giving it away to someone who will. Products with warnings & words like caustic, toxic, corrosive, poison, flammable, danger & "keep out of reach of children" on the label require special handling. See page 30 for information about local household hazardous waste collections in Western MA. New England Disposal Technologies (Westfield, MA) accepts many household hazardous wastes year-round for modest fees (nedt.org; 866-769-1621). For safe alternatives to hazardous household products visit: www.lesstoxicguide.ca, or www.ecocycle.org/hazwaste/ecofriendly-cleaning.

INK, PRINTER & TONER CARTRIDGES

Local schools & non-profit organizations often collect cartridges for fundraising purposes, and Staples accepts used cartridges for reuse or recycling (earn Staples rewards). Other options may be found via a search on www.earth911, or find mail-in donation programs via an online search ("cartridge donations").

JUNK MAIL & CATALOGS

Unwanted mail & catalogs are recyclable, but it makes more sense to reduce them at the source:

DirectMail.com – free service to remove your name from commercial mailing lists (www. directmail.com/mail_preference);

Catalog Choice – free service to stop delivery of unwanted catalogs (www.catalogchoice. org);

OptOutPrescreen.com – free service to end pre-approved credit card & insurance offers (www.optoutprescreen.com);

YellowPagesGoesGreen – free service to take your name off phonebook mailing lists (www.yellowpagesgoesgreen.org/stop-yellow-pages)

KEYS

Old keys can be recycled via a scrap metal dumpster at a municipal transfer station (see pages 26-27 for local contact information), or brought to a local scrap metal dealer.

LATEX PAINT (see "Paint & Paint-related Products")





LIGHT STRINGS

Holiday light strings are NOT recyclable in municipal recycling programs because they get wrapped around sorting equipment. Some scrap metal dealers will accept them for recycling. Holiday LEDS has a mail-in recycling program and sends donors a coupon for 15% off any purchase (www.holidayleds.com/christmas-light-recycling-program.aspx).

MARDI GRAS BEADS

Mail Mardi Gras beads and trinkets to the Arc of Greater New Orleans' reuse program: 925 Labarre Road, Metairie, LA 70001 (www.arcgno.org; 504-837-5105).

MATTRESSES & BOX SPRINGS (see "Furniture")

MEDICATIONS & PHARMACEUTICALS

Disposal of unwanted medication must be done carefully for many reasons. Wastewater treatment plants & septic systems are not designed to remove pharmaceuticals from wastewater; drugs should NOT be poured down the drain or flushed down the toilet.



Many area police departments offer permanent drop-off boxes for free disposal of prescription and

nonprescription drugs, vitamins, and veterinary medications: Agawam, Amherst, Ashfield, Athol, Belchertown, Bernardston, Buckland, Chicopee, Cummington, Deerfield, Easthampton, East Longmeadow, Erving, Goshen, Granby, Greenfield, Hadley, Hampden, Hatfield, Holyoke, Leverett, Longmeadow, Ludlow, Monson, Montague, Northampton, Orange, Palmer, Pelham, South Hadley, Southampton, Southwick, Sunderland, Ware, West Springfield, Westfield, Whately, Wilbraham, and Williamsburg. You do not need to be a resident to use the drop boxes in any of these towns.

Accepted items: prescription and nonprescription drugs, vitamins and veterinary meds. NO liquids, syringes (see "Needles & Sharps" below), IV equipment or chemotherapy drugs. For more information visit northwesternda.org/drug-drop-boxes. NEW: Some locations of national chain pharmacies are offering free drop boxes for prescription medications. Call your local store or refer to the drop boxes for acceptable items. The annual National Prescription Drug Take-Back Day will take place on April 27, 2019 from 10:00 AM - 2:00 PM. This collection aims to provide a safe, convenient, and responsible means of disposing of prescription drugs, while also educating the general public about the potential for abuse of medications. Find a collection site near you by visiting www.deadiversion.usdoj.gov/drug_disposal/takeback, or by calling 1-800-882-9539. See the related ad on page 16.

If you are unable to deliver medications to a drop box or a take-back day, medications may be safely disposed of in the following manner: 1) Remove any personal info from labels that could be used to obtain refills; 2) Render medications unattractive to children, pets & thieves by dissolving pills or tablets in a small amount of water or rubbing alcohol (pour liquids into kitty litter or sand); 3) Place in two sealed plastic bags; and 4) Conceal the package in your trash. If you have large quantities of medications, consider disposing of them in smaller batches over time.

Do not flush prescription drugs down the toilet or drain unless the label or accompanying patient information specifically instructs you to do so.

Due to their small size and a protective lining, empty pill bottles are not recyclable. Be creative with reuse! For example, some animal shelters collect empty pill bottles to send medicines home with adoptees.

Mercury is highly toxic & requires special disposal. It is not hazardous when contained in a sealed device. Placing items in sealed plastic bags & handling them carefully to avoid breakage will reduce exposure. Never put mercury (or items containing mercury) in the trash or down a drain. Don't vacuum even the smallest spill. Instructions for handling mercury exposure can be found at: www. mass.gov; enter "mercury" in the search bar, or search the web for "broken CFL" or "mercury spill." See pages 26-27 for local disposal information for the following items, and see page 30 for household hazardous waste collections in Western MA.

• Fluorescent light bulbs

All fluorescent light bulbs (even the low-mercury bulbs with green tips) contain mercury vapor. For assistance, businesses, residents and organizations can call the RecyclingWorks hotline at 1-888-254-5525 or email info@recyclingworksma.com. Recycling options vary based on the type of bulb:

Compact fluorescent lamps (CFLs) fit in standard screwtype light sockets & are made of a glass tube. They come in a variety of shapes & styles, & can be encased by an outer glass bulb. See pages 26-27 for local disposal information. Free CFL recycling is offered at Home Depot, Lowes, and Solar Store of Greenfield.

Larger fluorescent tubes don't fit in standard screw-type sockets. These include long straight, circular or U-shaped tubes, tanning bed lamps, High Intensity Discharge (HIDs), & neon light tubing. Accepted at most municipal transfer stations and some Hazardous Waste Collections; see pages 26-27 for local disposal information. Straight lamps and others are accepted at Lowe's: handle carefully and hand to an employee.

Thermometers

Many older household thermometers (fever, candy, meat, deep fry, oven, ambient temperature) contain liquid mercury-based indicators. A mercury thermometer can be identified by the presence of a silver bulb at the end of a glass tube. Accepted in special programs at many municipal transfer stations and some Hazardous Waste Collections; see pages 26-27 for local disposal information. If the bulb is red, blue, purple or green, it is not a mercury thermometer and can go in the trash.

Thermostats

Updating to a programmable thermostat? Don't throw

away your old wall-mounted thermostats: they contain a significant amount of liquid mercury. Leave thermostats in one piece, place in a sealed plastic bag, and handle carefully to avoid breakage. In addition to



municipal collection programs (see pages 26-27,) mercury thermostats are accepted for free recycling at many plumbing retail stores (search by zip code using "Plumbing Supplies"). For more locations, go to www. thermostat-recycle.org.

Ballasts

Most fluorescent light fixtures produced before 1979 contained ballasts with PCBs (polychlorinated biphenyls), a highly toxic substance. PCB-free ballasts are marked "No PCBs." PCB ballasts are typically collected at the same sites as larger fluorescent tube-type bulbs. Non-PCB ballasts are safe to go into trash, but are not accepted in scrap metal recycling bins. See pages 26-27 for local disposal information.

MICROWAVES (see "Scrap Metal")

MOTH BALLS & (see "Household Hazardous Waste")

MOTOR OIL & FILTERS (see "Automotive Products")

MUSICAL INSTRUMENTS

Donate used musical instruments to Hungry for Music (www.hungryformusic.org), and they will distribute them to underserved children in the US & abroad. Buy reused instruments locally by searching online.



NEEDLES & SHARPS

MA Sanitary Code states that it is illegal to dispose of sharps (hypodermic needles, syringes, lancets, & all other "sharps") as trash. Never put a container full of sharps in your recycling bin. Collection programs are available in many towns; call your Health Department or see a listing of all the sharps programs in the state, go to www.mass. gov and type "needles" in the search bar. Several mail-in disposal programs are available; search online for "sharps mail-in programs." Stericycle is an example of a company that picks up sharps for safe disposal from businesses that generate sharps: www.stericycle.com or 844-516-7291.

PACKAGING MATERIALS (also see "Plastics")

Online purchasing has increased the amount of packaging in the waste stream. Most of these materials are reusable; some are also recyclable:

Cardboard boxes can be reused, & flattened boxes can be recycled in municipal recycling programs. Foam peanuts: see "plastics"

Cornstarch peanuts may be composted in a backyard bin, reused, or placed in the trash. However, these are not accepted by commercial composting facilities or at packing shipping stores.

Styrofoam blocks & shapes: see "plastics"

Packing paper is reusable as well as recyclable. Place any shredded paper in a paper bag & staple or tape it shut before putting it in your recycling bin.

Plastic sealed air packaging is reusable. Once deflated, it can also be recycled with plastic bags (see "plastics" for retail store recycling programs).

Amazon's plastic envelope mailers are recyclable with plastic bags (see "plastics" for retail store recycling programs).

PAINT & PAINT-RELATED PRODUCTS &

If your unwanted paint was purchased recently & it's in good condition, consider donating it for reuse instead of

throwing it away. Many school/ community theatre groups will accept quality paint products. You may also offer useable paint via an online sharing group (e.g. Freecycle. org or a Buy Nothing Facebook group).



Petroleum (oil-based) paints, stains, thinners, & varnishes are considered hazardous materials, requiring proper disposal (see "Household Hazardous Waste," or page 30) Latex paint & water-based stains can be thrown away when completely hardened. Speed up the process by adding latex paint hardener (available in hardware stores) or by stirring in clean kitty litter to the consistency of thick oatmeal & allowing the mix to harden. When the contents are no longer liquid, you can put the open paint can (without the lid) in your household trash. New England Disposal Technologies (Westfield, MA) accepts latex paint year-round for modest fees (nedt.org; 866-769-1621).

PALLETS (see wood under "Building & Remodeling Materials")

PANTYHOSE

Worn-out pantyhose, nylon knee-highs, and tights in any condition can be sent to Recycled Crafts; they use them to make pet toys, rugs, placemats, and table runners. Email recycledcrafts@live.com for donation information, or visit: savemyhosiery.yolasite.com.

PELLET STOVE FUEL BAGS

Several communities collect pellet bags from their residents for recycling on a periodic or year-round basis, including 13 transfer stations in Franklin County, and the towns of Plainfield and Williamsburg. See pages 26-27 for local community contact information. Gold Circuit E-Cycling in Palmer accepts pellet bags from the public for recycling: www.goldcircuitecycling.com, 888-283-0007. Some retail store plastic bag recycling programs will accept pellet bags (call first). Pellet bags must be dry and completely EMPTY. Flatten and stack empty bags, roll up the stack and place the roll in an empty pellet bag. PET Food Bags, bird seed bags, Animal Feed Bags Plastic bags that contained pet food, animal feed, or bird seed are not recyclable in municipal recycling. Unfortunately, neither are feed bags that are paper because they are lined with plastic to keep moisture out of the feed. However, Terracycle offers a few pet food bag recycling programs, some of which have local drop-off points. Search www.terracycle.com using the brand name of the food. Local efforts such as The Bag Share Project

are accepting certain types of feed bags for reuse: www. thebagshare.org.

PHOTOGRAPHS

Traditional, glossy photographs are not acceptable in recycling because of the photographic chemical coatings in the paper. Old photographs are safe to throw in the trash. More modern photographs may or may not be recyclable depending on the printing process and the type of paper used. Home-printed photographs are acceptable in recycling.

PIZZA BOXES

Grease is a real problem for recycled paper. Only clean and food-free paper portions of pizza boxes can be recycled. The greasy portions must be discarded as trash or composted. In the following communities, residents with transfer station access may deposit soiled pizza box material in municipal compost programs: Amherst, Bernardston, Greenfield (open to non-residents), Leverett, New

Salem, Northampton, Northfield, Orange, Wendell & Whately. Coming soon to the transfer stations in Deerfield and Warwick (visit pages 26-27 for contact information).

PLASTICS

Many people assume that all plastic items are recycled, but recycling is demand-based; only those plastics that can be made cost-effectively into new products are collected. Please note that plastic containers from food, beverage, soap and personal care products are the ONLY type of plastic suitable for your household recycling bin. All other forms of plastic must go to a separate, special collection or into the trash.

Containers from food, soap and personal products

The following items are welcome in your household recycling bin: plastic containers from food, beverage, soap or personal care products in the form of bottles, jars, jugs, and tubs (less than 2.5 gallons in size) and clear clamshelltype containers. Plastic caps & lids are also recyclable, but they must be attached to the container (not loose). When possible, flatten containers before affixing caps & lids (push caps inside container if they won't stay on). Visit springfieldmrf.org for details and user-friendly graphics about household container recycling.

Do not put plastic bags, Styrofoam, black plastic, compostable serving items, and containers that held hazardous materials (such as automotive oil or degreasers) in your household recycling. See "Keep These Plastics out of the Recycling Bin" below for additional details.

Bags & wrap (Do NOT place in household recycling bin)

Never place plastic bags or wrap in a household, municipal, or commercial recycling mix. Because of the safety hazards, machinery malfunctions, and environmental problems they create, they are only collected separately in retail and grocery store programs.

Clean and dry plastic bags and some forms of clear plastic film (such as bubble & case wraps) are recyclable only via special bins inside grocery stores and other retailers (e.g. Big Y, Stop & Shop, Target, Walmart, Lowe's, Staples). In general, plastic bags and wraps are recyclable if they are: 1) clear or translucent; 2) moderately stretchy; and 3) free of all paper and food residue. An important exception to this criteria is household food or "cling" wrap (Saran® and Glad * wrap), which are not accepted in these programs and must be placed in the trash. See the table, "Plastic Bag Recycling, " on page 23, or visit plasticfilmrecycling. org for additional details.

Dispose of the following bags & wrap in your trash: soiled (dirt, food residue), greasy, wet, painted or embellished (glitter, paper labels), non-stretchy or crinkly food bags (e.g. from pre-washed lettuce, grapes frozen foods, Legos), and bags from heavy items such as soil, mulch and driveway salt. Any bags labeled compostable should be composted or placed in the trash.

KEEP THESE PLASTICS OUT OF YOUR RECYCLING BIN!

Some plastic items cost too much to recycle, cause problems at recycling facilities, are unwanted by manufacturers or are recyclable only through separate recycling programs. Please do not add these to your household or municipal recycling mix:

- Plastic bags, plastic wrap
- Black plastic (microwavable containers, food trays, etc.)
- Forks, spoons, knives & serving utensils
- · Plastic cups, plates
- Tubes (e.g. toothpaste, cosmetics, hair products)
- Plastic containers greater than 2.5 gallons in size
- Plastic containers which once held toxic substances (e.g. automotive oil)
- · Containers labeled "biodegradable" or "compostable"
- Foam items (e.g. "aka Styrofoam®" cups, egg cartons, food containers & trays, packing material)
- Molded plastic packaging (the type that requires a sharp object to open)
- · Binders, folders & plastic-coated (usually shiny) paper
- Compact disks and cases, video & audio tapes
- Plant pots & garden trays
- Six-pack rings (cut them up & then put in trash)
- PVC products (pipes, siding, etc.)
- Manufactured plastic wood (decking material)



All other bulky plastic items belong in the trash or bulky waste if unusable, including toys, outdoor play structures, clothes hangers, shelving, kiddie pools, plant pots and nursery/garden trays.

Foam (Do NOT place in household recycling bin) The recycling market for rigid foam material (aka Styrofoam® or expanded polystyrene) is expanding, but some types remain difficult to recycle. Rigid foam products may be divided into the general categories of shipping peanuts, large chunks, and food-related serve ware (cups, plates, trays):

Large, rigid foam chunks: Large pieces of rigid white, clean and dry foam are recyclable only through a special, separate collection. Some communities collect this foam at municipal transfer stations or at special collection events and transport it to a special foam recycling facility. Gold Circuit E-Cycling in Palmer (888-283-0007, goldcircuitecycling.com) accepts white chunk foam from the public for a fee.

Foam shipping peanuts: Although difficult to recycle, foam peanuts are highly reusable. Some local retail shipping outlets accept clean & dry peanuts (call first; search for a store near you at www.TheUPSstore.com). Or, offer them for local reuse via an online sharing group such as Freecycle.org or a "Buy Nothing" Facebook group. The Amherst Transfer Station operates a free shipping peanut exchange for permit holders.

Foam cups, plates, and trays: Some foam recyclers accept clean, white, food-related foam. Many do not. Contact your community representative (see pages 26-27) or a foam recycler directly for local requirements.

Toothbrushes and razors

Preserve® brand toothbrushes & razors are recyclable via special collection (don't put them in your recycling bin!) The Hadley Whole Foods has a Preserve® drop-off collection bin at their customer service desk, or there is a mail-in program ("Gimme 5" at www.preserve.eco). For more toothbrush recycling options, see "Toothpaste Tubes" below.

Plastic pouches

These multi-material pouches, which can contain applesauce, yogurt or fruit, baby food, and health/beauty products, are NOT recyclable in municipal recycling programs. Terracycle runs several different mail-in recycling programs for pouches and caps; go to: www.

terracycle.com and type "pouches" in the search bar. Please make sure all leftover food and moisture has been removed.

PRESSURE-TREATED LUMBER (see "Building &

Remodeling Materials")

PROPANE TANKS

Larger varieties of propane tanks can be refilled, and many businesses that sell propane will accept tanks for reuse under specific conditions. Tanks are recyclable in special programs at transfer stations or recycling centers. Do not put tanks in scrap metal dumpsters or household recycling or trash. Do not puncture. Close the valves on barbeque grill size tanks. Some recyclers also accept small camping type tanks. Local municipal recycling info is found on pages 26-27; find commercial options at www. earth911.com.

PYREX, CERAMIC AND PORCELAIN PROD-

Offer for reuse. Do not recycle; dispose as trash. Try offering colorful ceramic/porcelain items (even broken ones) to local arts centers or craftspeople, or offer free to an online sharing group (e.g. Freecycle.org or a Buy Nothing Facebook group).

SCRAP METAL

Many metal items (like bicycles or BBQ grills) can be repaired, sold or donated to extend their useful life. Because of the usefulness & value of metal, state regulations prohibit throwing aluminum, steel, iron, lead, stainless steel, copper, brass, or bronze scrap in the trash. Some metal items, such as batteries, propane tanks, helium tanks, ballasts, air conditioners and refrigerators, and automotive parts require special handling due to toxic or pressurized materials. Many municipal transfer stations and recycling centers have scrap metal dumpsters for the recycling of scrap metal. See pages 26-27 for local municipal disposal information.

Or, search online under "metal recycling" for the scrap yard nearest you and its requirements. Suitable scrap items should be mostly metal by weight; if possible, plastics should be removed.

SHOES

Clean, gently used shoes are usually accepted for reuse and resale by organizations that collect clothing



reuse include soles4souls.org, rerunshoes.com, and oneworldrunning.com. Shoes in poor condition can be recycled into rubber playground material and other uses. Visit an organization's website to discover if they accept worn shoes.

SHREDDED PAPER

Shredded paper is recyclable in municipal (paper) recycling. Never put plastic bags of any type in recycling: to contain shredded paper, use a paper bag or paper lawn and leaf bag and staple or tape the top shut.

SMOKE & CARBON MONOXIDE DETECTORS

Most household smoke detectors contain a small amount of a radioactive element, Americium-241. While the quantity is considered harmless, its presence warrants special care. Retailer and manufacturer take-back programs exist. Ask at your local store or google the manufacturer's name with "smoke detector recycling" for program and shipping details. Curieservices.com offers a fee-based mail-in recycling program. Some

communities allow smoke detectors to be thrown away in the bulky waste container at a recycling/transfer station. See pages 26-27 for local contact information.

Carbon monoxide detectors are not considered hazardous waste, and can be safely disposed of in the trash after removing (and recycling) all non-alkaline batteries (see "Batteries").



SPORTS EQUIPMENT

Sporting equipment exchange/donation options are found locally via charitable organizations such as schools, Scout troops, or the Lion's Club. Sharing via online groups (e.g. Freecycle.org or a Buy Nothing Facebook group) has become very popular.

STYROFOAM (see "Plastics: Foam")

TELEVISIONS (see "Electronics")

TENNIS BALLS

Check with your local animal shelter or elementary school to see if they accept tennis ball donation (schools use them to reduce the noise and impact of chairs/desks on floors). A mail-in recycling program is available at tennisballrecycling.com.

TEXTILES (see "Clothing & Textiles")

THERMOMETERS & THERMOSTATS & (see

"Mercury & Mercury-containing Products")

TOOTHPASTE TUBES, TOOTHBRUSHES

Tubes are not recyclable in household/municipal recycling, as they require highly specialized processing. Toothbrushes are too small to recycle, as they would get caught in conveyor belts at recycling facilities. Terracycle. com runs a mail-in recycling program that accepts toothbrushes, empty toothpaste tubes, floss containers, and their packaging. Preserve® brand toothbrushes can be dropped off at the Hadley Whole Foods' customer service desk, or mailed in (visit www.preserve.eco for "Gimme 5" program details).

TROPHIES

Contact your local trophy shop to see if they can reuse your old trophies. A Wisconsin-based trophy organization has a mail-in reuse program (awardsmall.com...search for recycling services), while only sports medals (medallions) are accepted for recycling at Massachusetts-based Sports Medal Recycling (sportsmedalrecycling.com).

TYVEK ENVELOPES

Tyvek envelopes (large, white envelopes that won't rip: often from express shipments) are made of high-density polyethylene plastic and must be placed in the trash. Please do not mix with paper recycling.

Clutter-Eating Insects: Nature's Reusers

Arthropods are an animal family of invertebrates that include insects and arachnids. We can learn a lot from them about taking care of our planet. The ones mentioned below spend their whole lives conserving resources and using what other creatures don't need. What might seem like waste to one creature can be reused by another!

> ORB-WEAVING SPIDERS have their own recycling program inside their bodies! Spider silk is made of protein, which they get from eating protein-rich insects that are trapped by its web. Orb weavers like to keep a tidy house, so they often remake their webs on a daily basis. Because they make all the silk they use, they don't want to waste any of their valuable resource! Many orb-weavers will eat their own spinnings to recycle the protein's energy right back into their bodies.

> > DUNG BEETLES are nature's waste reusers! Out in nature even poop (or scat) that is left behind by an animal can provide a tasty treat for many decomposers, like beetles, who use it as food for themselves and for their larvae. The dung-roller scarabs take poop seriously by rolling an animal's waste into a ball and secretly laying their eggs in the dung. That way, their babies can begin feasting as soon as they're born. Dung-roller scarabs might even ride on an animal's back so they can get first dibs.

Most of nature's creatures don't have stores or online shopping. They don't keep extra stuff around unless it is something they need to survive! Whether they know it or not, they are good role models for humans. They show us that the Earth's resources are important, how to use less, and reuse what we already have. We can't eat toys or books, but if you were pretending to keep a tidy house like the orb-weaving spider, who might be able to use the things you don't want anymore?



Unscramble the words at the end of sentence for some easy tips on how to reduce, reuse, and recycle!

1) Avoid trash!: Drink water from a reusable terwa tolbte.	
2) Who could use it?: Donate unwanted things to a thrift store or have a	dary lase.
3) Fix it! When something breaks, instead of tossing it, see if it can be	_erdiaper.

4) Pack a litterless lunch: Put snack and food in reusable containers to cut down on use of cling wrap and "single use" _ lispacts.

5) Don't Forget: Encourage your family to bring reusable shopping bags to the _____ rocregy roest.

6) Second Hand Treasure: Instead of buying something brand new, see if you can find it used or if you can make it _____

7) Return it to the Earth: Don't throw away that apple core or banana peel, try setting up a_____ spocomt.



PLASTIC BAG RECYCLING IN RETAIL STORES ONLY

Never place plastic bags of any kind in your home recycling bin! Please clip and hang this sign over your plastic bag recycling collection at home, in the office, at school, or at a business.

DO RECYCLE IN STORES ONLY:

YES: Bags MUST be empty, clean and dry without receipts, coins, or trash.

YES: Clean, dry plastic bags labeled #2 or #4: "HDPE," "PE-HD" OR, "LDPE," "LLDPE"

Including

YES: Grocery & produce bags

YES: Newspaper bags

YES: Dry cleaning bags (no receipts/staples)

YES: Plastic cereal bags (if it tears like paper do not include)

YES: Sandwich/Ziploc bags and bread bags: no crumbs, oils, food (remove large zippers)

YES: Retail bags (#2 or #4) with string/hard plastic handles removed

YES: Plastic outer wrap from packages of toilet paper, paper napkins, paper towels, diapers, sanitary products

YES: Bubble wrap, air pillows, Tyvek/plastic envelopes (deflate air pillows/remove labels)

YES: Case wrap from cases of water, canned pet food, soda, etc.

YES: Stretch wrap from furniture or electronics

DO NOT RECYCLE IN STORES:

NO: bags with food or moisture

NO: garbage bags

NO: food or cling wrap (Saran)

NO: pet food product bags

NO: coffee bags

NO: prepackaged food bags (frozen food or prewashed salad)

NO: chip bags, granola bar/candy wrappers

NO: bags with paint or glue

NO: compostable plastic bags

NO: bag with a recycling symbol or # other than those described in the "yes" column

NO: soil or sand bags

What about pellet stove fuel bags?

- Some retail stores accept (call to ask).
- Franklin County residents, see: www. franklincountywastedistrict.org
- Gold Circuit E-Cycling in Palmer recycles: (888) 283-0007; www.goldcircuitecycling.com
- Pellet bags MUST be dry and empty: cut bottom and top to release all pellets.

For more about plastic bag recycling, and to see pictures of acceptable items, see: www.plasticfilmrecycling.org.

Glass vases are not recyclable. Donate to a local garden club, swap shop, or local florist(s) for reuse (call first).

VEGETABLE OIL (see "Cooking Oil")

VEHICLES

Old vehicles, even inoperable ones, are valued for spare parts and metal. Consider donating them to a charitable organization (might be tax deductible). Contact your favorite charity or search online for "auto (or vehicle/truck/motorcycle/boat) donation." Alternatively, search the Internet under "Auto Wreckers & Salvage."

WOOD (see "Building & Remodeling Materials")

X-RAY FILM

There are no special disposal requirements, but x-rays do contain a small amount of silver. Most hospital radiology departments will accept them.

YARD WASTE (Leaves, grass, brush, Christmas trees)

Throwing away leaf & yard waste as trash is prohibited by State regulations. Many towns collect Christmas trees for wood chips. Consider composting your organic materials in a backyard compost bin; many towns offer low-cost compost bins and pails. See pages 26-27 for local contact information.

YOGA MATS

Yoga mats are not recyclable, but can be repurposed; search the web for "yoga mat reuse," or offer via an online sharing group (e.g. Freecycle.org or a Buy Nothing Facebook group).

Please help us to improve this guide for the next edition! If you encounter errors or have suggestions for changes or additions, contact us at PioneerValleyRRR@gmail.com. Thank you!





THRIFTING IS GREEN



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www.cancer-connection.org/thriftshop



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mericans produce an estimated 534 million tons of construction and demolition waste each year (EPA, 2014). We can help reduce waste by deconstructing our buildings instead of demolishing them.

Deconstruction involves careful dismantling of a building in order to reclaim reusable material. The practice also allows materials to be resold, making home improvement more affordable. But deconstruction and the donation of recovered material offers other positive impacts:

- Reducing climate-altering greenhouse gas emissions from landfills and incinerators.
- Mitigating construction and demolition waste.
- Preventing the harmful effects of natural resource extraction, transportation, and energy consumption required for new building materials.
- Bolstering the local economy by providing quality building materials for our community.

Stores selling deconstructed materials have popped up across the country and are becoming more popular. They typically rely on donations from contractors, architects, and community members, and accept a variety of materials, from small, highly portable ones like lighting fixtures, windows, and doors, to larger items like kitchen cabinet sets and bathroom vanities.

The largest New England retailer of reclaimed building materials is located right here in the Pioneer Valley: EcoBuilding Bargains in Springfield (see advertisement below). Operated by the local non-profit, the Center for EcoTechnology, EcoBuilding Bargains is able to serve nearly 20,000 people in the region annually. A complete list of materials accepted and an online donation form can be found at ecobuildingbargains.org/donate. The store also offers a training room, which serves as a public space for sustainability-focused presentations and other environmental education opportunities.

No matter where you live, the next time you are in the market for kitchen cabinets or a bathroom sink, consider visiting a home improvement store that specializes in used material. You will be surprised at the options, can save considerable money, and your project will have a lighter environmental impact on the earth.

Save money, help the environment, and upgrade your kitchen, bathroom, and home with EcoBuilding Bargains!

EcoBuilding Bargains is the largest used building materials store in New England offering incredible deals on reclaimed and surplus materials.

We carry reclaimed products such as:

products such as:
 Appliances
Architectural salvage
 Vintage items
Building Materials
Kitchen Cabinets
 Doors
Flooring & Ceiling
 Furniture
 Green Shop
Hardware & Tools
Landscaping
Lighting
Lumber
Luxury for Less
Paint

Plumbing Windows



83 Warwick St., Springfield

ecobuildingbargains.org 413.788.6900















Why not make everyday Earth Day?

With more than a century of experience in recovery and recycling, Sonoco has established a streamlined cradle to cradle operation through which we recover and process materials and then convert them into packaging products. It's our way of helping the environment and improving your bottom line. Let us put our experience to work for you.



200 South Water St, Holyoke MA 01040

+413/536-4546 office +413/530-1069 cell email don.ingram@sonoco.com

www.sonoco.com Scale hours: M-F 7am - 2:30pm

We pay cash for various grades of mixed paper, old corrugated containers, and tubes.

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REDUCE • REUSE • RECYCLE • Information Valid Through April 2020

COMMUNITY RECYCLING INFORMATION

Hampshire County

Drop-off locations, often municipal Transfer Stations, may only be open to residents of that community; some require annual permits and "Pay As You Throw" trash bags. Fees may apply for some items. Call the contact number for more information. For definitions of abbreviations, see glossary box below. For more information about materials, see "What Do I Do With...? on pages 13-23 of this guide.

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	Contac	t phone	Curbsid	earling Off Loca	gor Hours of Oth	Mur	ncipal i	yeling Aphetal	and Electron	y Oil Yard	Naste HHNC	dlection	INVICELS Tires	Probi	ne lanks
Amherst	DPW	413-259-3050, x 0	Both	740 Belchertown Rd	Tues, Thurs, Sat 8-2	✓	✓	✓	✓	✓	annual	✓	✓	✓	✓
Belchertown	DPW	413-323-0415; 413-323-0416	Drop Off	135 Hamilton St	Tues-Sat 7:30-3:15 (Th: 7:30-5:15)	✓	✓	✓	✓	✓	call	✓	✓		✓
Chesterfield	HRMC	413-685-5498	Drop Off	69 Willicut Rd	Sat 8-2:45; Summer: Wed 3:30-6:15	✓	~	~			annual	✓	✓	✓	✓
Cummington	HRMC	413-685-5498	Drop Off	10 Fairgrounds Rd	Wed 5:30-7:30, Sat 7-11	✓	✓	~			annual	✓	✓	✓	✓
Easthampton	DPW	413-529-1410	Drop Off	30 Northampton St	1st & 3rd Sat 8-12	✓	✓	✓	✓	call	call	✓			
Goshen	HRMC	413-685-5498	Drop Off	Wing Hill Rd	Sat 8:30-4:15	✓	✓	✓			annual	✓	✓	✓	✓
Granby	Town Hall	413-467-7177	Curbside			✓	call	call	DPW	call	call	call	call	call	call
Hadley	SWS	413-498-0099	Drop Off	North Branch Rd	Mon 12-6, Wed 1-6 Sat 7-4	√	✓			call	586-2390	✓	✓	√	✓
Hatfield	DPW	413-247-9200 x106	Drop Off	10 Straits Rd	Wed 12-5, Sat 8-3	✓	√	✓	√	DPW	annual	annual	✓	✓	✓
Huntington	HRMC	413-685-5498	Drop Off	90 Mill St.	Tues 3-6:45 Sat 8-4:45	✓	✓	✓			annual	✓	✓	✓	√
Middlefield	HRMC	413-685-5498	Drop Off	Bell Rd.	Winter: Sat & Sun 10-1; Summer: Wed 5-8 and Sun 10-1	√	~	√			annual	√	√	√	√
Northampton	DPW	413-587-1570 x 4306	Drop Off	125 Locust St	Mon-Sat 7-4	√	✓		√		annual	✓			
Northampton	DPW	413-587-1570 x 4306	Drop Off	170 Glendale Rd	Wed 8-12, Sat 7-12		✓	✓		✓	annual	√	√	✓	✓
Pelham	Town Offices	1. 413-259-3050 2. 413-253-7129	Two Drop Offs:	1. 740 Belchertown Rd Amherst 2. 45 Amherst Rd Pelham	1. Tues, Thurs, Sat 8-2 2. Recycle 1st Sat of Month (9-12) unless holiday @ Elementary School	√	√	√	√	√	call	√	√	√	√
Plainfield	HRMC	413-685-5498	Drop Off	184 E. Main St (Route 116)	Sat 9-1, Sun 4-6	✓	✓	✓			annual	✓	✓	✓	✓
South Hadley	DPW	413-538-5033	Both	10 Industrial Drive	Wed & Sat 8-3	✓	✓	✓	✓	✓	annual	✓	✓	✓	✓
Southampton	DPW	413-527-3666, 413-529-2352	Drop Off	Moose Brook Rd	Wed & Sat 7-5	✓	✓	✓	✓	✓	annual: 529-1003	✓	✓	✓	✓
Westhampton	HRMC	413-685-5498	Drop Off	52 Hathaway Rd	Wed 6-8, Sat 9-3	✓	✓	✓	✓		annual	✓	✓	✓	✓
Williamsburg	HRMC	413-685-5498	Drop Off	27 Mountain St Haydenville	Wed 9-4, Sat 9-4	✓	✓	✓		✓	annual	✓	✓	✓	✓
Worthington	HRMC	413-685-5498	Drop Off	64 Huntington Rd	Sat 8-4; Summer: Wed 3-7; Winter: Wed 12-4	✓	✓	✓			annual	✓	√	✓	✓

Glossary of Terms:

Annual or call: Once or twice a year collection days, might be at a location other than the drop off site: call contact # listed for more info.

Call: Call the contact number listed. The drop off location or transfer station may only accept the material listed on certain days, or this material may be accepted from residents at another location.

CFLs: Compact Fluorescent Lights are energy saving bulbs. All fluorescent bulbs must be disposed of properly. Many towns and Home Depot and Lowe's recycle CFLs for free.

Drop Off: Municipal Transfer Station or other municipal drop off site.

DPW: Department of Public Works

FCSWMD: Franklin County Solid Waste Management District - www. franklincountywastedistrict.org; 413-772-2438

HHW Collection: Many municipalities offer Household Hazardous Waste (HHW) collection days. For more information, please call the contact phone number listed for your town, or see page 30.

HRMC: Hilltown Resource Management Cooperative - www.hrmc-ma.org; 413-685-

Municipal Recycling: Paper, cardboard, bottles, cans, cartons, and containers that are sent to the Springfield Materials Recycling Facility (MRF) - springfieldmrf.org

COMMUNITY RECYCLING INFORMATION

Franklin County															
	Contac	i, bhous	Curbside	and top Off Lacation	Hours of Operation	Munici	pal Recycling	retal Msand	JELECTRONICS NOTORC	M Yardi	Waste HHW Col	Nercu Nercu	Tires	Propar	E Tarks Maste
Ashfield	HRMC	413-685- 5498	Drop Off	851 Ashfield Mountain Rd (Route 112)	Thurs 8-12, Sat 8-4, Sun 8-12	✓	√	✓	✓		annual	✓	✓	✓	✓
Bernardston	FCSWMD	413-772- 2438	Drop Off	Nelson Drive	Thurs & Sat 7-5	✓	√	√	call		annual	call	call	~	✓
Buckland	FCSWMD	413-772- 2438	Drop Off	Hodgen Rd.	Tues & Sat 7-3	✓	√	call	call		annual	√	call	✓	call
Charlemont	FCSWMD	413-772- 2438	Drop Off	159 North River Rd.	Wed 3-7, Sat 8-12	√	√	✓	call		annual	✓	call	call	call
Colrain	FCSWMD	413-772- 2438	Drop Off	7 Charlemont Rd.	Sat 8-4, Summer: Tues. 5:30 - 7:30 p.m.	✓	√	✓	✓		annual	✓	✓	✓	✓
Conway	FCSWMD	413-772- 2438	Drop Off	186 Old Cricket Hill Rd.	Wed 10-6, Sat 9-5, Sun 8-1	✓	√	✓	call		annual	✓	✓	✓	✓
Deerfield	FCSWMD	413-772- 2438	Drop Off	42 Lee Rd.	Tues, Thurs, Sat 8:30-4	✓	√	call	call	✓	annual	✓	call	call	✓
Erving	FCSWMD	413-772- 2438	Curbside	DPW: 16 Public Works Blvd. Call 423-3354	DPW: Mon-Fri 7- 3:30; call for appt.	curb- side	annual	DPW	DPW	DPW	annual	call	DPW	call	annual
Gill	FCSWMD	413-772- 2438	Curbside	One-day events only	Varies	✓	call	call	call		annual	call	call	call	call
Greenfield	DPW	413-772- 1528, x6106	Both	Wisdom Way @ Cumberland Rd.	Tues-Fri 11-2:30, Sat 7:30-2 (Winter: Sat 7:30-12)	√	√	√	√	✓	772-1539	~	√	√	·
Hawley	FCSWMD	413-772- 2438	Drop Off	851 Ashfield Mountain Rd (Rt. 112), Ashfield	Ashfield TS: Thurs 8-12, Sat 8-4, Sun 8-12	✓	√	✓	✓		772-2438	✓	✓	✓	✓
Heath	FCSWMD	413-772- 2438	Drop Off	122 Branch Hill Rd.	Sat 8-4, Wed 12-4; Summer: Mon 9-1	✓	√	call	call		annual	√	call	√	call
Leverett	FCSWMD	413-772- 2438	Drop Off	15 Cemetery Rd.	Sat & Sun 10-1, Summer: Wed 4-7; Winter: Wed 2-5	√	√	√	call		annual	√	√	√	✓
Leyden	FCSWMD	413-772- 2438	Drop Off	Nelson Drive, Bernardston	Thurs & Sat 7-5	√	√	~	call		annual	call	call	~	✓
Montague	FCSWMD	413-772- 2438	Both	11 Sandy Lane, off Turnpike Rd	Wed 7-2:30, Sat 7-12	✓	✓	✓	✓	✓	annual	√	✓	✓	✓
New Salem	FCSWMD	413-772- 2438	Drop Off	20 Blueberry Hill Rd.	Wed 3-6, Sat 8-4	✓	√	call	call		annual	√	call	call	✓
Northfield	FCSWMD	413-772- 2438	Drop Off	31 Caldwell Rd.	Wed & Fri 8-6, Sat 7-4	✓	✓	✓	call		annual	✓	call	✓	call
Orange	Staff	978-544- 1118	Drop Off	Jones St.	Tues, Thurs & Sat 8-2:45	✓	✓	√	√	√	annual	√	✓	✓	✓

Wed 7-10 am + 4-7 pm,

Sat 8-2, Sun 8-12

Tues 10-7, Sat 12-5

varies

Sat 8-3

Tues 12-6, Sat 7:30-3:30

Tues 12-5, Sat 7-5

Private

haulers

call

call

call

annual

call

call

call

call

call

call

annual

annual

annual

annual

annual

annual

Hall

413-772-

413-772-

2438 413-259-1235

413-259-

1214 413-772-

2438

413-772-

2438 413-772-

2438 413-772Drop Off

Drop Off

Curbside

Private

Haulers

Drop Off

Drop Off

Drop Off

87 Zoar Rd.

159 N. River Rd, Charl.

One-day event; Leverett Transfer

Station

One-day events only

Garage Rd.

341 New Salem Rd.

73 Christian Lane

Rowe

Shelburne

Shutesbury

Warwick

Wendell

Whately

FCSWMD

FCSWMD

Staff

FCSWMD

FCSWMD

FCSWMD

call

call

call





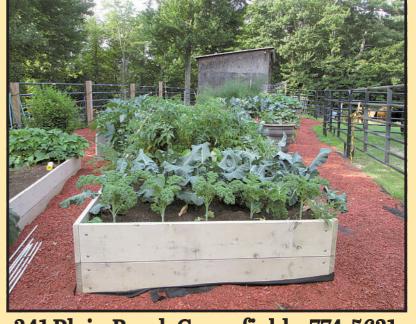
Grow like a pro with

MARTIN'S FARM COMPOST

Grow everything bigger & better nature's way with our organic compost

- Organic Compost Loam Compost Mix
- Compo, Fine Ground and Colored Mulch

Disposal of Brush & Leaves



341 Plain Road, Greenfield ~ 774-5631

For more info. check our website:

www.martinsfarmcompost.com



Greenfield Public Schools

195 Federal Street Suite 100, Greenfield, MA 01301 Ph: 413-772-1300 • www.gpsk12.org

Check out our many

GREEN INITIATIVES!



Students at GMS & MSA participate in annual **Green River Cleanup!**



5th graders at GMS & MSA cared for, studied, and **released trout** in the Green River



Federal Street has beautiful new, ultra-thermal windows that save energy and let in natural light!



GHS
named 2018
Winner of
Franklin
County Waste
Warriors!

REDUCTION IN SCHOOL ENERGY COSTS SINCE 2008! SOURCE: GREENFIELD ENERGY DEPT.

Find out more at www.gpsk12.org!



Funding provided by:

Photo Credits: Jordana Harper





How to Participate in a Household **Hazardous Waste Collection Event**

Communicate with your municipality using the contact information below to learn important details about your local household hazardous waste event. In many cases, it is possible to participate in a different municipality's event, but arrangements must be made through your own community's representative. A wide range of household products with warning labels (e.g. Danger, Flammable, Poison, Toxic, Caution, and "Keep Out of Reach of Children and Pets") are accepted. Please refer to the list below. Never pour hazardous products on the ground, down a drain or toilet, or place a full or partially full container of material in a trash or recycling bin. Empty household hazardous waste containers may be put in the trash; please do not recycle them.

Preregistration is always required. Please note the registration deadlines listed below. These events are conducted to collect hazardous waste generated in a home setting. Small businesses may contact their community's representative for options.

DATE	PARTICIPATING MUNICIPALITY	CONTACT	PHONE	WEBSITE; PRE-REGISTRATION DEADLINE
5/11/19	South Hadley, Granby	Kevin Quesnel (South Hadley) Jeanne Crosby (Granby)	413-538-5033 (South Hadley) 413-467-7174 (Granby)	http://southhadley.org/455/Household-Hazardous-Waste
5/18/19	Northampton	Northampton DPW	413-587-1570, x4306	www.northamptonma.gov/reduce-waste Pre-register by 5/15/19
9/21/19	Athol, Bernardston, Buckland, Charlemont, Colrain, Conway, Deerfield, Erving, Gill, Hawley, Heath, Leverett, Montague, New Salem, Northfield, Orange, Petersham, Phillipston, Rowe, Royalston, Shelburne, Sunderland, Warwick, Wendell, Whately	Franklin County Solid Waste District	413-772-2438	www.franklincountywastedistrict.org/hazwasteday.html Pre-register by 9/16/19
8/24/19	Amherst, Hadley, Pelham, Shutesbury	Steve Telega	413-259-3049	amherstma.gov/recycling Pre-register by 8/13/19
10/26/19	Ashfield, Chesterfield, Cummington, Goshen, Huntington, Middlefield, Plainfield, Westhampton, Williamsburg, Worthington	Hilltown Resource Management Cooperative	413-685-5498	www.hrmc-ma.org Pre-register by 10/20/19
Ongoing	Greenfield, Leyden	Water Pollution Control or Transfer Station	413-772-1539; 413-772-1528, x6106	https://greenfield-ma.gov/q/117/ How-do-l-dispose-of-hazardous-wastes

Please note: this schedule is subject to change due to municipal budget constraints and uncertainties.

New England Disposal Technologies (NEDT) in Westfield operates a year round, fee-based drop-off center; accepts latex paint: nedt.org. See their advertisement on page 16. Most auto parts stores accept used motor oil for free recycling.



FROM YOUR YARD

Flea powder **Fungicides** Herbicides Insect sprays Lighter fluid Muriatic acid No-Pest strips Pesticides Pool chemicals Rodent killers Root killers

FROM YOUR GARAGE

Antifreeze Asphalt sealer Automobile batteries Brake fluid Carburetor cleaner Creosote sealer Engine degreaser Gas treatments Gasoline Kerosene Radiator flusher Refrigerants Solvents Transmission fluid Used motor oil

FROM YOUR WORKSHOP

Aerosol cans (paint/haz.) Degreasers Lead & oil-based paints (No latex paint*) Paint thinners Photo chemicals Roofing tar Rust inhibitors Sealants Solvents Stains Varnish Wood preservatives Wood strippers

FROM YOUR HOME

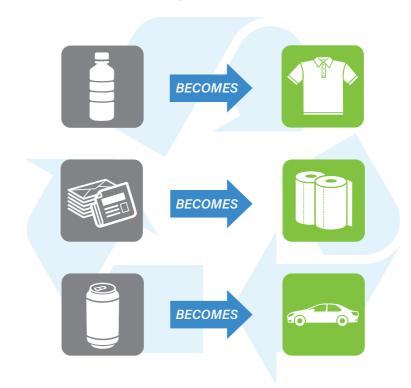
Arts & crafts supplies Batteries: button, lithium, & rechargeable Chemistry kits Drain cleaners Fluorescent light bulbs Furniture polish Mercury thermometers Mercury thermostats Metal polish Mothballs Oven cleaners Spot remover **Toilet cleaners** Upholstery cleaner

REDUCE • REUSE • RECYCLE • Information Valid Through April 2020



What becomes of your recycling?

More than you would think.



As few as 10 plastic bottles can be recycled into that shirt you're wearing. Make sure your recyclables really do get a second life (*like becoming a snazzy Hawaiian shirt*) by following these important rules:



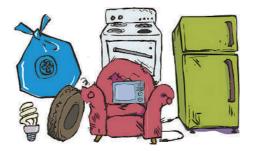


Want to know what else does and doesn't go in your recycling bin? Find the answers with our "Can I Recycle It?" tool at RecycleSmartMA.org.

A Northampton Transfer Station Permit gets you:

FREE RECYCLING • FEE-BASED DISPOSAL and ACCESS TO THE RECENTER!





Residents of Northampton, Florence & Leeds can purchase a permit online at Northamptonma.gov/reduce-waste, at the 125 Locust Street Public Works office, or at either transfer station. 2020 permits are valid July 2019 - June 2020. Means-based discounts are available.

Transfer Station services — 125 Locust Street Mon. - Sat. 7 am - 4 pm

FREE RECYCLING

- Common household recycling
- Compostable food scraps
- Small scrap metal items
- Mercury thermostats & thermometers
- Books

- Used automotive oil & vegetable oil
- Rechargable & vehicle batteries
- Textiles, clothing, shoes & accessories

FEE-BASED DISPOSAL

- Household trash in pre-paid blue **SMART** bags
- Compact fluorescent lightbulbs
- Antifreeze



Transfer Station services — 170 Glendale Road Wed. 8 am - 12 pm & Sat. 7 am - 12 pm

FREE RECYCLING

- Leaves & grass clippings no brush
- Rechargable, Ni-Cad & button batteries
- Mercury thermostats & thermometers
- Textiles, clothing, shoes & accessories
- Small scrap metal items, appliances, electronics
- Select bulky rigid plastics

FEE-BASED DISPOSAL

- Bulky waste construction & demolition waste, upholstered furniture, etc.
- Large appliances & oversize metal items
- TV's, laptops & computer monitors
- Propane tanks, & items containing freon
- Tires & mattresses
- Fluorescent lightbulbs

SEASONAL BULK YARD WASTE DISPOSAL 2nd & 4th Sat. 7 am - 3:45 pm Apr. - Nov. at Gate 2

Center give & take good stuff for free!

Visit the ReCenter swap shop, 170 Glendale Rd. Sat. 8 -11:30 am Apr. - Oct.

Free access with your transfer station permit!

- Solid wood furniture
- Books, toys & games
- Small appliances
- Housewares
- Sports equipment
- Arts & crafts material
- Hardware
- Clean wood & more!

For ReCenter-ONLY access,

get the ReCenter season sticker for just \$10.

Available to non-residents.





*Visit www.northamptonma.gov/re-events for more information.

Events

Saturdays at Smith Vocational

Spring Recycle & Reuse Rally Bring pellet bags and other select

Garden Pot Collection & Swap

May 18 9am-Noon Hazardous

Bring hazardous household items for

safe disposal. Registration by May 15

required; space is limited. Fees may

apply. Call 413-587-1570, ext. 4306. June 15 & Sept. 21 Noon-4pm

Northampton Community RePair

Volunteers fix clothes, electrical

Community Tag Sale & Swap

Preregister to secure an assigned

Bring Jack-o-lanterns and select hard

space. Rain date October 12.*

November 9 9am-Noon

Fall Recycle & Reuse Rally

December 14 10am-11am

evening are offered for free to

parents on Saturday morning.*

Annual Toy Exchange Gently-used toys in working

condition donated Friday

to recycle items.*

items, furniture, bicycles or

October 5 9am-Noon

Avoid garage sale hassles!

sharpen tools/knives.*

Household Waste Collection

Bring rigid plastic and uncracked terra cotta pots to swap/share.*

All Northampton residents are invited to the following events.

No permit is required.

80 Locust Street.

April 6 9am-Noon

hard to recycle items.*

May 11 9am-Noon

& Agricultural High School,

2019

Important event details will be added at least two weeks before each event.

Northampton ReUse **f**

Visit NORTHAMPTONMA.GOV/REDUCE-WASTE for more info.