# February 17, 2020 Plainfield COA Board Meeting Minutes

11:40 am In attendance: Sue LaRock, Ann Irvine, Lina Bernstein, Shirley Todd, Susan Pearson,

It was decided that each meeting should begin with a report on the previous meeting's Actions to be Taken.

- Shirley will chair the meetings from now on.
- There is already a list of places people can go to for help on the back page of the COA newsletter.
- Sue LR emailed the annual report to board members.
- Susan P purchased a \$50 NoHo gift card and thank-you card for Elaine. Board members signed the thank-you card, which Susan will mail this week.
- Susan P reported that the sign the church uses to announce special events, which was made by Dudley, is both heavy and cumbersome. Sue LR will talk with Andy about more manageable sign possibilities.
- Susan P will speak with the Tree Alliance about a walkway this evening. (post-meeting report: the TA is focusing right now on what trees to plant in Plainfield, but Anne Williamson will bring up the walkway at their next meeting.)

### COORDINATOR REPORT

- Additional suggestions to keep in touch with seniors
  - Lina will draft a letter to seniors about resources available to them. She needs a letter from Deb Hollingworth about what services she offers—Sue will ask Deb for this.
  - We will consider a regular COA column in the Plainfield Post.
  - NAME CHANGE: Sue to get materials from hilltown COAs who have changed their names so we can share this info with the Select Board when we meet with them.
- Review draft job description
  - The current job description is on the website—Sue will send this to Select Board members.
- Sue has updated the 60+ Plainfield resident list and will send copies to the board members.
- Although Susan P will be reimbursed by the town for Elaine's gift card, in the future, gifts must be paid by board members, not by the town.

### PROGRAM REPORT

- Lina proposed a trip for seniors and their grandchildren to the Crane Paper Museum for April 22, during school spring break. Lina will make any arrangements needed. Shirley will check on whether the van is allowed to carry children. Lina will put a notice in the Plainfield Post.
- Thursday March 5 is Sanderson's lunch with seniors. 12 noon. Sue will post in the Plainfield Post.
- A possible May trip to Magic Windows. Open 9 am to 5 pm--\$14 for seniors, \$12.50 on Wednesdays—wheelchair accessible—281 Greenfield Road (Rte 10)—413-665-2805.

- an after-lunch presentation providing tips on how to use our new broadband internet and phone system—April 8 would work since everyone should be connected by then.
- Susan noted that the Hampshire Gazette has a COMING UP FOR OVER 55 piece that lists COA activities from various towns. Our activities should be listed in the future. Some ideas for activities she gleaned from the last piece that we might consider include:
  - regular coffee hours or breakfasts
  - regular card/board game afternoons
  - chair massages or chair yoga (need to find out who does them and cost)
  - benefits counseling
  - meals out
- See attached POSSIBLE FUTURE EVENTS TO KEEP IN MIND for a comprehensive list of possible activities.

### UPDATE ON COMMUNITY CENTER

• David Kramer is collecting a list of uses for public spaces. Susan P and Lina sent lists to Sue LR. Susan, Lina, and Sue need to find them and send on to David.

### MENU IDEAS FOR UPCOMING COA LUNCHES

• March: LINDA corned beef and cabbage

• April: SUSAN P Tuna/Noodle Supreme

• May: SHIRLEY?

#### HILLTOWN MOBILE MARKET

• Information about this to be presented after the March 11 lunch to find out if Plainfielders would be interested.

## LINA RESIGNATION FROM BOARD

• Lina agreed to continue as programmer but will skip meetings and be excused from other tasks

### **ACTIONS TO BE TAKEN:**

Sue LaRock

- Talk with Shirley about <u>delegation</u> of duties, then report to the Board
- Regularly send minutes of the Consortium meetings to Susan P
- Look into musicians who have drawn a crowd for other hilltown COAs and report to Lina and board
- Send Age Friendly Core Group letter to the board for editing, then to recipients
- Design a birthday greeting to send to Plainfield seniors
- Get newsletters and other materials from towns who have changed the name of their COAs
- Talk with Andy about manageable sign possibilities.
- Send updated 60+ Plainfield resident lists to board members
- Send job description on website to Select Board
- Get a letter from Deb Hollingworth about what services she offers

## and send to Lina

Lina Bernstein - Draft a letter to seniors about resources available to them

- Make arrangements with Crane Paper Museum if needed

Shirley Todd - Talk with Sue about distribution of duties

- Check to see if the van is allowed to carry children (for 4/22 Crane Paper

Museum trip)

Linda Carver - Send birthday greetings to Plainfield seniors

Sue, Lina, Susan - Find our lists of uses for public places for David Kramer

Deb Hollingworth - Report on status of the Worthington Health Center

The meeting was adjourned at 1:20 pm.

Respectfully submitted, Susan Pearson