

Minutes of Plainfield COA Board Meeting - December 14, 2022

Present - Polly Ryan, Susan Honneus, and Mary Potter

The meeting was called to order at 11:10 AM by Susan Honneus.

Coordinator Update - Polly was unable to attend the last coordinator meeting because of her carpal tunnel surgery. They discussed the upcoming January survey on seniors' use of technology and what they would like to learn. Forty thousand dollars from the sig grant will support the needs of each member town, as determined by the survey. Peg will visit each town to assess needs.

Future Meetings - How will we spend money from One Plainfield? After our January luncheon, we will host members of One Plainfield to air ideas about how to spend the remaining \$57,000 of the town's Covid funds.

Yoga Workshops - Polly has arranged to have Judy Messer do two yoga workshops in January and February. Judy will teach participants how to integrate this gentle exercise into everyday life and how to go from doing yoga to doing art. Sue expressed concern about doing the workshops during the winter months when weather is often bad, but Polly has talked to Judy about setting alternative dates if necessary.

Caleb Kosier will do one more computer support workshop for seniors in January.

Meeting Minutes - Mary has agreed to write up the minutes, due to Susan Pearson's illness. Sue Honneus will help her to distribute them to board members. Bonnie Phillips was contacted by Polly through email but she is not interested in taking over Susan Pearson's medical equipment duties, at least at this time.

Sue Honneus Suggestion: We need to have a workshop to put together the revised resource folder for seniors because it is too much work for one person. Polly will call Alice to get Susan's files and the booklet Lina Bernstein compiled with ideas for activities and trips.

There was agreement that we need to send Phil Alessio a thank you note and a gift card for his generous help in cooking both the November turkey and the December roast beef.

Assignments for the January luncheon: Ham - Sue H., scalloped potatoes - Polly,
Veggies - Mary, dessert - Shirley

February and March Menus (we will email absent members) - February - lasagna (we
need two - Sue H. Will do meat one, Mary will do veggie one.) March -
Polly will make roast chicken, mashed potatoes.

There was agreement that we need to find a few more board members.

Respectfully submitted,

Mary Potter