

5/8/24 Plainfield COA Board Meeting Agenda;

Approval May 8th, 2024, minutes – No meeting held in June

Coordinator updates

- June Consortium meeting discussions included plans around presentations on frauds and scams which resulted in the decision to have each COA do their own presentation. Ideas for a consortium conference needed, ie. depression and isolation. Discussed resources available from 413cares.com. No Consortium meeting in July.
- June events were all a success, Peace Haven Horse Farm, Pub 116 luncheon, Basket Weaving workshop. Had to cancel the Berkshire Botanic Garden trip due to weather but it's rescheduled for 7/19. Need to advertise this as it did not make the newsletter!
- Every 3rd Thursday of each month, tech support at the Plainfield Library during library hours continues, Lee had only one person in June.
- July events include luncheon, baseball game on June 18th (Polly needs someone to host), BBG trip on 7/19
- Mobil Market will be in Plainfield at Town Hall every 3rd Tuesday of each month through November.
- Everyone needs to get on Kristen Estelle's email list to receive a digital copy of the newsletter! regionalcoanews@gmail.com, 3 people have signed up to have a physical paper mailed to them.
- MailChimp updates are available as another source for local COA news.
- Final report on MCOA transportation grant due 7/31. The final invoice from HCDC will be submitted on 7/15. We expect all money to be spent and the service to have increased.
- Polly will present along with Peg Whalen on the Tech Connect success at the Fall MCOA conference in October on the Cape.

Programming:

- Future luncheons – August, September, October
- Flu/Covid clinic scheduled for second Wednesday in September if shots arrive in time.
- Sound Healing event – Jennifer O'Connell; Tai Chi classes - Richard Larson; needle-felted sheep workshop – Jane Dyer
- Polly is going to train to lead "Healthy Bones and Balance" class through the Pioneer Valley Community Action organization. Training is in October and classes may begin in November. Another volunteer to share leading some classes is desirable.
- Scam presentation
- Medicare open enrollment presentation